

# Take It

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Taren Wilhelm (USA) - February 2019  
音樂: Take It From Me - Jordan Davis : (iTunes)  
或: Holiday Party - Dan + Shay



(Take It From Me) INTRO: start the dance at the beginning of the first verse (lyrics: "I think...)  
(What a Beautiful Day) INTRO: start the dance at the beginning of the first verse (lyrics: "Day 1"...16counts from percussion and piano restart)  
Thanksgiving Pairing or Youth Group: "Thank You, Lord" (feat. Thomas Rhett & Florida Georgia Line) - Chris Tomlin

## [1 -8] Alternating ("Rock & Cross") 2x, Step-Lock-Step, Step Pivot 1/2-turn

1& 2                      R side out, recover on the L, R cross in front  
3& 4                      L side out, recover on the R, L cross in front  
5& 6                      R step fwd, L "lock" behind, R step fwd  
7 - 8                      L step fwd pivot 1/2 turn over right shoulder, weight transfer to R [6:00]

## [9 -16] Repeat 1st 8 count starting with Left: Alternating ("Rock & Cross") 2x, Step-Lock-Step, Step Pivot 1/2-turn

1& 2                      L side out, recover on the R, L cross in front  
3& 4                      R side out, recover on the L, R cross in front  
5& 6                      L step fwd, R "lock" behind, L step fwd  
7 - 8                      R step fwd pivot 1/2 turn over left shoulder, weight transfer to L [12:00]

## [17 - 24] Grapevine to the Right, Rolling Grapevine to the Left

1 - 4                      R side step, L cross behind, R side step, L together/touch  
5 - 8                      L side step landing toes pointed 1/4 turn ("prep"), 3/4 turn on R foot, L side step, R together [12:00]

## [25 - 32] Mambo steps fwd and back, Double Hip Bumps (to the Right) then Double Hip Bumps to the Left with 1/4-turn flick

1 & 2                      R rock fwd with hip action, L step in place and R recover with hip action  
3 & 4                      L rock back with hip action, R step in place and L recover with hip action  
5 & 6                      R steps to side with hips pushing out(5) settle (&) out (6)  
7 & 8                      Hips push out (7) settle/load (&) push off of Right foot with a flick to make a 1/4 turn over left shoulder (8) transferring weight to the L leg with R leg free to restart the dance with the R side step out [9:00]

Restart on 3rd wall after 16 counts at the start of the 2nd verse (lyrics: "Baby, you...")

Happy Dancing!

Questions: Taren at [bootsonthebeachdancing@gmail.com](mailto:bootsonthebeachdancing@gmail.com)

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