

À Chaque Pas Hé

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner / Beginner +
編舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 12 October 2022
音樂: À chaque pas - Ô C'EST NOUS



Start: 5 s. approximately (On the lyrics: "Sur la ligne de départ")

Sequence: A-A-20-Bridge (L Rolling-Vine)-A-A-A-16-A-A-8

[1-8] Walk, Walk, Out, Out, In, In, Pivot 1/8 L, Pivot 1/8 L

1-2 RF FW, LF FW
3&4& RF to the R side, LF to the L side, RF next to LF, LF next to RF
5-6 RF FW, 1/8 L
7-8 RF FW, 1/8 L
7-8 L Toe FW, Drop your L Heel (option: bump)

[9-16] Walk, Walk, Out, Out, In, In, Toe strut, Toe strut

1-2 RF FW, LF FW
3&4& RF to the R side, LF to the L side, RF next to LF, LF next to RF
5-6 R Toe FW, Drop your R Heel (option: bump)
7-8 L Toe FW, Drop your L Heel (option: bump) (Restart)

[17-24] Rolling vine, Touch, Rock side, Rock step

1-2 Make ¼ R with RF FW, Make ½ R with LF Back
3-4 Make ¼ R with RF to the R side, Touch LF next to RF* (*Bridge : 5 to 8 : Rolling- vine L, Touch RF next to LF)
5-6 LF to the L side, Recover to RF
7-8 LF behind RF, Recover to RF

[25-32] Vine ¼ L, Touch, Mambo, Mambo

1-2 LF to the L side, Cross RF behind LF
3-4 Make ¼ L with LF FW, Touch RF next to LF
5&6 RF Back, Recover to LF, RF next to LF
7&8 LF back, Recover to RF, LF next to RF

For the end make 4 counts and make 5-6 R Toe Strut 7-8 L Toe Strut

For the level Improver/Intermediate, watching our choreography "À Chaque Pas"

Smile & enjoy the dance

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