

Unholy War

拍數: 40

牆數: 2

級數: Phrased High Intermediate - Rolling
8



編舞者: Jean-Pierre Madge (CH) - September 2022

音樂: Unholy War - Jacob Banks

Sequences : A-A16-B-B-A-A16-B-B-A-B-B-B-B
Stomp on count 8 before starting the dance

A: 32c

Cross Rock Side Cross, 1/4L Back Rock, Recover Full Turn, Sweep, Cross Side Back, Sweep, Behind 1/4L, Walk Walk

- 1&a2 Cross Rock R over L (1), Recover (&), Step R to R (a), Cross L over R (2)
a3-4 1/4L Step R back (a), Rock L back (3), Recover (4)
&5 1/2R Step L back (&), 1/2R Step R forward and Sweep L forward (5),
6&7 Cross L over R (6), Step R to R (&), Cross L behind R and Sweep R back (7)
8&a Cross R behind L (8), 1/4L Step L forward (&), Step R forward (a)

Walk Hitch, Coaster Prep, 1 1/4 L, Sway Sway, 1/4R Side Touch, Unwind 3/4L Sweep

- 1-2&3 Step L forward and Hitch R knee(1), Step R back (2), Step L next R(&), Step R forward and prepare your body for next turns(3),
4&5-6 Pivot 1/2L Step L forward (4), 1/2L Step R back (&), 1/4L Step L to L doing a Sway L (5), Sway R weight is on your R (6)
&7-8 1/4R Step L to L (&), Touch R behind L (7) Unwind 3/4R and Sweep L forward (8)

Restart here after 16 counts :

Twice in the dance you will need to change the count 7-8 in this section to go into part B.

- 7-8a 1/4 R Step L to L and sway L (7), Sway R (8), Bring L next R weight on your L (a) ready to start B facing 12'

Walk, 1/2L Walk Back, Hook, Walk, Point, Walk, Point, Walk Sweep, Cross Side Behind Side Rock, Recover Behind, 1/4L Walk

- 1&a2 Step L forward (1), 1/2L Step R back (&), Step L back (a), Hook R over L (2),
a3 Step R forward (a), 1/4R Point L to L (3)
a4-5 1/4L Step L forward (a), 1/4L Point R to R (4), 1/4R Step R forward and Sweep L forward (5)
6&a7 Cross L over R (6), Step R to R (&), Cross L behind R (a), Rock R to R (7),
8&a Recover on L (8) Cross R behind L (&), 1/4L Step L forward (a)

Walk Spiral, Walk, Mambo 1/2R, Step Lock Step 1/2R, Rock, Recover Hitch, Twinkle x2

- 1-2 Step R forward as you do a full spiral over your L (1), Step L forward (2)
3&a Rock R forward (3), Recover L (&), 1/2R Step R forward (a),
4&a 1/8 R Step L forward (4), 1/8R Crossing R over L (&), 1/8R Step L to L (a)
5-6 1/8R Rock R back (5), Recover on L and hitch L knee (6)
7&a Cross R over L (7), Rock L to L (&), Recover on R as your body turn slightly to face the R diagonal (a)
8&a Cross L over R (8), Rock R to R (&), Recover on L as your body turn slightly to face the L diagonal (a)

B: 8c

Cross Side Rock, Cross, 1/8L Walk R,L,R Back, 1/8L Sway L,R, 1/4L, Step Pivot 1/2 x2

- 1&a2 Cross R over L (1), Rock L to L (&) Recover on R (a), Cross L over R (2),
arms : On count 2 roll your arms in front of you from your shoulders to your hands, as you hear a guitar in the music, both arms down on count 3
3&a4 1/8L Step R back (3), Step L back (&), Step R back (a), 1/8L Step L to L and Sway L (4)

5-6 Sway R (5), 1/4L Step L forward (6)

a7a8 Step R forward (a), Pivot 1/2L Step L forward (7), Step R forward (a), Pivot 1/2L Step L forward (8)

Ending : You will finish the dance on count 7 of the last part B facing 12'

Smile and start the dance again !
