

Only a Fool

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - October 2022
音樂: Only a Fool - Galantis, Pink Sweat\$ & Ship Wrek : (Spotify/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(16 counts intro)

[S1] Point, Flick 1/4L, Fwd Rock, Point, Flick 1/4R, Shuffle Fwd

1 2 Point L the side, Make a ¼ turn left stepping/small hop on L and flick R foot back (9:00)
3 4 Rock forward on R, replace weight on L
5 6 Point R the side, Make a ¼ turn right stepping/small hop on R and flick L foot back (12:00)
7&8 Shuffle forward on R-L-R

[S2] Paddle Turn 1/4L, Syncopated Weave L, Cross Rock, 1/4R-1/4R

1 2 Step forward on R, Make a ¼ turn left recover weight on L (9:00)
3&4& Cross R over L, Step L to the side, Cross R over L, Step L to the side
5 6 Rock/across R over L, Replace weight on L
7 8 Make a ¼ turn right stepping forward on R, make a ¼ turn right stepping L to the side (3:00)

[S3] Behind, Side, Syncopated Weave L, Cross Rock, Triple 1/2R Turn

1 2 Step R behind L, Step L to the side
3&4& Cross R over L, Step L to the side, Cross R over L, Step L to the side
5 6 Rock/across R over L, Replace weight on L
7&8 Make a ¼ turn right stepping forward on R, Make a ¼ turn right stepping L next to R, Step R in place (9:00)

[S4] Fwd Rock, 1/2L Step-Lock-Step, 1/2L Back-Lock-Back, 1/4L, Kick-

1 2 Rock forward on L, Replace weight on R
3&4 Making a ½ turn left – Step forward on L, Lock R behind L, Step forward on L (3:00)
5&6 Making a ½ turn left – Step back on R, Lock/cross L over R, Step back on R (9:00)
7 8 Make a ¼ turn left stepping forward on L (6:00), Kick diagonally forward on R

[S5] Cross, Unwind 3/4L, Coaster Step, 2x Anchor Step (Travelling Backwards)

1 2 Cross R over L, Unwind ¾ turn left weight ends on R (9:00)
3&4 Step back on L, Step R next to L, Step forward on L
5&6 Travelling slightly backwards – Step R behind L, Step L in place, Step back on R
7&8 Travelling slightly backwards – Step L behind R, Step R in place, Step back on L

[S6] Rock Back, Samba Turn 1/4R, Cross, Side, Sailor 1/4L Turn

1 2 Rock back on R, Replace weight on L
3&4 Step forward on R, Make a ¼ turn right stepping (rock) L to the side, Replace weight on R (12:00)
5 6 Cross L over R, Step R to the side
7&8 Make a ¼ turn left stepping L behind R (9:00), Step R beside L, Step L to the side

[S7] Cross, Hitch, Cross-Samba, Cross, Hitch, Cross, Side

1 2 Cross R over L, Hitch L knee
3&4 Cross L over R, Rock R to the side, Replace weight on L
5 6 Cross R over L, Hitch L knee
7 8 Cross L over R, Step R to the side

[S8] Behind, 1/4R, Paddle Turn 1/4R, Fwd Rock, 1/2L-Together

- 1 2 Step L behind R, Make a $\frac{1}{4}$ turn right stepping forward on R (12:00)
3 4 Step forward on L, Make a $\frac{1}{4}$ turn right recover weight on R (3:00)
5 6 Rock forward on L, Replace weight on R
7 8 Make a $\frac{1}{2}$ turn left stepping forward on L (9:00), Step R together

Ending suggestion: The last wall starts facing 12:00, dance up to S8 count 6 (3:00). Then,

- 7 8 Make a $\frac{1}{4}$ turn left stepping L to the side (12:00), Step R together
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