

Move You

COPPER KNOB
STEPPERS

拍數: 48 牆數: 1 級數: Advanced NC2S
編舞者: Simon Ward (AUS) - September 2022
音樂: Move You - Kelly Clarkson



[1-9] Step L making ½ turn R hitch R, Step R, Cross/step L, Basic R, ¾ spiral R, Shuffle R fwd, Shuffle back L sweeping R

- 1-2& Step left to left making ½ turn right hitching right knee, Step right slightly to right, Cross/step left over right (6.00)
3-4& Step right to right side, Rock/step left behind right, Recover weight onto right (6.00)
5 Step left to left making a ¾ spiral turn right keeping weight on left (3.00)
6&7 Step right forward, Step left beside right, Step right forward (3.00)
8&1 Step left back, Step right beside left, Step left back sweeping right back (3.00)

[10-16] R behind, L side, R Rocking chair, R behind L & sweep, L behind R, ¼ turn R, L fwd, Pivot ½ turn R, L fwd, Pivot ½ turn R

- 2& Step right behind left, Step left to left side (3.00)
3&4& Cross/rock right over left, Recover back on left, Rock right to right side, Recover weight on left (3.00)
5 Step right behind left sweeping left back (3.00)
6& Step left behind right, Step right forward turning ¼ turn right (6.00)
7&8& Step left forward, Pivot ½ turn right taking weight onto left, Step left forward, Pivot ½ turn right taking weight onto left (6.00)

[17-24] Rock L fwd, Recover R, ½ turn L, Rock R fwd, Recover L, ¼ turn R, Rock L fwd, Recover R, ½ turn L, R fwd ¾ spiral L, Step L, R turning ¼ turn L

- 1-2& Rock/step L forward, Recover weight back on right, Make ½ turn left stepping left forward (12.00)
3-4& Rock/step R forward, Recover weight back on left, Make ¼ turn right stepping right forward (3.00)
5-6& Rock/step L forward, Recover weight back on right, Make ½ turn left stepping left forward (9.00)
7 Step right forward making a ¾ spiral turn left keeping weight on right (12.00)
8& Step left forward turning 1/8 turn left, Step right beside left turning 1/8 turn left (9.00)

[25-32] 1/8 L & sweep, Weave L & sweep, Weave R, Walk fwd L, R, L, Pivot ½ R, R fwd, ½ turn R

- 1-2& Step left forward turning 1/8 turn left sweeping right forward (7.30), Cross/step right over left, Step left to left (7.30)
3-4& Step right back & behind left sweeping left back, Step left behind right, Step right to right (7.30)
5-6 Step left forward, Step right forward (7.30)
7-8& Step left forward & pivot ½ turn right keeping weight back on left (1.30), Step right forward, Step left back turning ½ turn right (7.30)

[33-40] 5/8 turn R, R basic, L basic turn 1/8 R, Full turn L, Shuffle L fwd & hitch, R back, L back

- 1 Turn a further 5/8 right to 12.00 & step right to right side (this step connects to 8& in previous section where you continue turning to the front wall)
2& Rock/step left behind right, Recover weight onto right (12.00)
3-4& Step left to left side & turn 1/8 right, Rock/step right back, recover weight onto L (1.30)
5-6& Step right forward turning a full turn left, Step left forward, Step right beside left (1.30)
7-8& Step left forward hitching right knee, Step right back, Step left back (1.30)

[41-48] Step R back & sweep, L behind R, 3/8 turn R, L fwd, Pivot ½ R, Press L, Recover with position four,

Weave right, Rock R side, Recover L, Cross/step R

- 1-2& Step right back sweeping left back, Step left behind right , Step right to forward turning 3/8 turn right (6.00)
- 3&4 Step left forward, Pivot ½ turn right taking weight onto right, Press left ball of foot forward (12.00)
- 5 Recover weight back on right hitching left knee into position four (12.00)
- 6&7& Step left behind right, Step right to right side, Cross/step left over right, Rock/step right to right
- 8& Recover weight onto left, Cross/step right over left (12.00)

RESTART

Ending: Finish on count 18& facing front and step R fwd raising arms up slowly by side.
