Cheyenne Train



拍數: 24 編數: 1 級數: Absolute Beginner

編舞者: Jean LW LeQUEUX (FR) - October 2022 音樂: I Feel Lucky - Mary Chapin Carpenter



Note: this choreography with multiple variants is intended to teach different basic steps to absolute beginners.

Choreographers:

Invariant Steps 1 to 20: Unknown

Variant Steps 21 to 24: Jean LW LeQUEUX (Cowboy Stomp & Dance Association)

[1-8] Touch left heel forward, instep (left point touch next to right foot), Touch right heel forward, instep, right foot near left foot, ¼ turn left, hitch right leg (facing 9 o'clock)

1-2-3-4 Touch left heel forward, left point touches right foot

5-6-7-8 Touch right heel forward, right point touches left foot, right foot forward, ¼ turn left facing 9

o'clock

[9-16] March back right, left, right, point left toe behind, left foot forward, right foot near left foot, left foot forward, brush right foot

1-2-3 Walk back right, left, right4 Touch left toe back.

5-6-7 Step forward left. Slide right next to left. Step forward left.

8 Brush right foot.

[17-20] CROSS FRONT, SIDE, CROSS BEHIND, SIDE TOE TOUCH (weave left touch)

1 Cross right in front of left, weight on it

2 Step left to left side

3 Cross right behind left, weight on it.

4 Touch left toe to left side

Note: the last 4 counts will make the dance become a 1-wall or 2-wall or 4-wall dance.

[21-24] - variants

*1 wall

1 Stand on left foot while dragging right foot near left foot

Paddle on right foot making a ¼ turn to the left
Paddle on right foot making a ¼ turn to the left

4 Paddle on right foot making a ¼ turn to the left facing 12 o'clock

**2 walls

1 Make a ¼ turn to the left facing 6 o'clock

2 Right foot near left foot 3-4 Sway left, sway right

****4 walls counterclockwise

1-2-3-4 Weave right, touch

****4 walls clockwise

1 Sweep left foot to left making a ½ turn to the left facing 3 o'clock

2 Right foot near left foot

3-4 Left side rock, recover on rightb foot

REPEAT

