

No Body

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynne Hoover (USA) - October 2022
音樂: No Body - Blake Shelton



#16 Count Intro - 1 Restart, 2 Tags

STEP TOUCH, SHUFFLE BACK, WEAVE R,

1-2 Right steps fwd, left touches behind R
3&4 Shuffle back LRL
5-8 Step on R, Left steps behind R, Step on R, L crosses over R

PIVOT ¼ L, STEP BEHIND, FULL TURN SHUFFLE, STEP TOUCH

1-2 R foot ¼ left turn, step on L
3-4 R steps behind L, step on L
5&6 Shuffle turn 360 left RLR, or fwd shuffle
7-8 Step fwd on L, touch R behind L

*** RESTART HERE WALL 7***

KICK BALL CROSS, STEP DRAG, KICK BALL CROSS, STEP DRAG

1&2 Kick R fwd, step on R, cross L over R (take weight on L)
3-4 Step out on R, drag L foot next to R
5&6 Kick L fwd, step on L, cross R over L (take weight on R)
7-8 Step out on L, drag R foot next to L

MONTEREY TURN, HIP BUMPS

1-2 Point R foot out to side, make ½ turn R (take weight on R)
3-4 Point L foot out to side, step L foot next to R
5&6 Weight on R, double hip bumps
7&8 Weight on L, double hip bumps

*1st tag is at end of wall 1 facing 3:00, 8 counts:

1-4 Jazz box (cross R over L, step on L, step on R, step on L)
5-8 Jazz box

**2nd tag is at end of wall 4 facing 12:00, 4 counts:

1-4 Sway R-L-R-L

Dance will end facing 6:00 after the first 16.
