

# Love's Chains

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Improver  
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音樂: Chains - Carole King



Notes: Start after 48 counts intro, Restart on Wall 2 and 5 after 32 counts

## I. Right Lindy, Heel Touch

1&2-3-4      Step R to side, Step L together, Step R to side, Rock L back, Recover on R  
5-6-7-8      Touch L heel forward, Step L together R, Touch R heel forward, Step R together L

## II. Left Lindy, Out In

1&2-3-4      Step L to side, Step R together, Step L to side, Rock R back, Recover on L  
5-6-7-8      Step R diagonal fwd, Step L to side, Step R diagonal back, Step L beside R

## III. Forward Shuffle 2x, Pivot ¼ Turn Left

1&2-3&4      Step R fwd, Step L together, Step R fwd, Step L fwd, Step R together, Step L fwd  
5-6-7-8      Step R fwd, Make ¼ turn left, Cross R over L, Hold

## IV. Toe Strut, Coaster

1-2-3-4      Touch L Toe to side, Drop L heel, Touch R Toe back, Drop R heel  
5-6-7-8      Step L back, Step R next to L, Step L forward, Touch R Toe next to L ( to Restart )

## V. Diagonal Forward Lock Step With Brush

1-2-3-4      Step R diagonal fwd, Lock L behind R, Step R diagonal fwd, Brush L next to R  
5-6-7-8      Step L diagonal fwd, Lock R behind L, Step L diagonal fwd, Brush R next to L

## VI. Diagonal Backward Step and Touch, Twist

1-2-3-4      Step R diag back, Touch L next to R (clap), Step L diag back, Touch next to R (clap)  
5-6-7-8      Twist both heels to right, left, right, left

Enjoy and have fun

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