

Amanda Matrosen

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Yulia P M (INA) & Roy R Dayoh (INA) - October 2022
音樂: Amanda - Matrosen in Lederhosen : (Octoberfest Hit)



S1 : SIDE CHASSE, ROCK BACK , RECOVER, SHUFFLE FORWARD, STEP FORWARD, PIVOT ¼ L

1 &2 3 4 Step RF to right side (1), Step LF next to RF (&), Step RF to right side (2), Rock back on LF (3), Recover on RF (4)
5 &6 7 8 Step LF fwd (5) Step RF next to LF (&), Step LF fwd (6), Step RF fwd (7), Pivot ¼ turn left weight on LF (8) facing 9.00

S2 : CROSS SHUFFLE, DIG HEEL, HITCH CROSS OVER KNEE, DIAGONAL LOCK SHUFFLE

1 &2 Cross RF over LF (1), Step LF to left side (&), Cross RF over LF (2)
3 4 Dig left heel (3), Hitch LF cross over right knee (4)
5 6 Repeat 3 4
7 &8 Step LF diagonal fwd (7), Lock RF behind LF (&), Step LF diagonal fwd (8)

Restart here on Wall 3,6,9

S3 : DIG HEEL, HITCH CROSS OVER KNEE, ¼ TURN RIGHT, SHUFFLE FORWARD, ¼ TURN RIGHT, SIDE CHASSE

1 2 Dig right heel (1), Hitch RF cross over left knee (2)
3 4 Repeat 1 2
5 &6 ¼ turn right stepping RF fwd (5) facing 12.00, Step LF beside RF (&), Step RF fwd
7 &8 ¼ turn right stepping LF to left side (7) facing 3.00, Step RF beside LF (&), Step LF to left side (8)

S4 : JAZZ BOX CROSS, STEP SIDE, FLICK

1 – 4 Cross RF over LF (1), Stepping back on LF (2) , Step RF to right side (3), Cross LF over RF (4)
5 – 8 Step RF to right side (5), Flick LF (6), Step LF to left side (7), Flick RF (8). Option : You can tap LF with Right hand and RF with Left hand as you flick

HAVE FUN & ENJOY THIS DANCE!!!
FEELING FREE TO DANCE WITH POLKA STYLE

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