Bidi Bidi Bom Bom



拍數: 80 牆數: 1 級數:

編舞者: Nicole Cordova (USA) - September 2022

音樂: Bidi Bidi Bom Bom - Selena



PART 1 – 8 COUNTS (L SIDE SHUFFLE, PIVOT ½ TURN, R SIDE SHUFFLE, REPEAT, REPEAT)

1&2& L to L, Step close R to L, L to L, ½ turn L on L to back wall, 3&4& R to R, Step close L to R, Step R to R, L tap together

5&6& Repeat 1&2& 7&8& Repeat 3&4&

PART 2 – 8 COUNTS (2 PADDLE TURNS R 1/4 TURN, 2 ALTERNATING HIP BUMPS, REPEAT)

1&2& Use L step/paddle to make ¼ turn, Step on R, L step/paddle to make ¼ turn, Step on R

3&4& Step close L to R, L HIP BUMP, R HIP BUMP, PAUSE

5&6& REPEAT STEP 1&2& 7&8& REPEAT STEP 3&4&

PART 3 (4X) - 32 COUNTS ALL 4 WALLS (L ROCKING CHAIR, L SIDE SHUFFLE; R ROCKING CHAIR, L 1/4 TURN STEP, R SIDE SHUFFLE)

1&2& Step forward on L, recover back on R, Step back on L, recover forward on R

3&4& Step L to L, Step close R to L, Step L to L, PAUSE

5&6& Step forward on R, recover on L, Step back on R, recover on L with 1/4 turn to L,

7&8& Step R to R, L, Step close L to R, Step R to R, PAUSE

PART 4 (4X) – 32 COUNTS FACING FRONT WALL (L ROCK BACK RECOVER, R ROCK BACK RECOVER, SINGLE SIDE STEP-TAPS)

1&2& Rock back on L behind R, Recover on R, Step on L, pause
3&4& Rock back on R behind L, Recover on L, Step on R, pause
5&6& Step L on L, Step close R to L, Step R on R, Step close L to R

7&8& REPEAT 5&6&

SEQUENCE OF ENITRE DANCE:

PART 1 START AT 0:11

PART 2

PART 3 4X EACH WALL

PART 4 4X FACING FRONT WALL

PART 1

PART 2

PART 3 4X EACH WALL

PART 4 4X FACING FRONT WALL

PART 1

PART 2

PART 3 4X EACH WALL

PART 4 3X FACING FRONT WALL

PART 1

PART 2

PART 1

PART 2

Last Update - 9 Oct. 2023 - R1