

Ride A Rackin' Horse

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Variable
編舞者: Becca Salamone (USA) - October 2022
音樂: Rackin Horse - Nitty Gritty GR



HEEL, STEP, HEEL, STEP, POINT, STEP, POINT, STEP

1-2 R heel touch forward, R close next to L (12:00)
3-4 L heel touch forward, L close next to R
5-6 R point to right side, R close next to L
7-8 L point to left side, L close next to R

HEEL, STEP, HEEL, STEP, TOUCH TOE BEHIND, STEP, TOUCH TOE BEHIND, UNWIND

1-2 R heel touch forward, R close next to L
3-4 L heel touch forward, L close next to R
5-6 R toe touch back, R close next to L
7-8 L toe touch behind R, unwind to left 180° (6:00)

LINDY

1&2 Step R to right, step L beside R, step R to right
3-4 Rock L back behind R, recover forward on R
5&6 Step L to left, step R beside L, step L to left
7-8 Rock R back behind L, recover forward on L

TRIPLE, PIVOT (1/2 TO RIGHT), TRIPLE, MILITARY TURN (1/4 TO LEFT)

1&2 R step forward, L step beside R, R step forward
3-4 Step forward L, pivot 1/2 turn to right (end with weight on R) (12:00)
5&6 L step forward, R step beside L, L step forward
7-8 Step forward R, pivot 1/4 turn to left (end with weight on L) (9:00)

MARCH FWD (4X), DIAGONAL STEP, TOUCH & CLAP, DIAGONAL STEP, TOUCH & CLAP

1-4 Walk forward R, L, R, L
5-6 Step forward on R to right diagonal, touch L next to R & clap
7-8 Step forward on L to left diagonal, touch R next to L & clap

MARCH BACK (4X), HITCH/CHUG, STEP, HITCH/CHUG, STEP, HITCH/CHUG, STEP, HITCH/CHUG, STEP

1-4 Walk backward R, L, R, L
&5 Hitch R while chugging on L (&), step R to right side (5)
&6 Hitch L while chugging on R (&), step L to left side (6)
&7 Hitch R while chugging on L (&), step R to right side (7)
&8 Hitch L while chugging on R (&), step L to left side (8)

HIP ROLL, HIP ROLL, STEP, LOCK, STEP, LOCK, STEP

1-2 Hip roll with R hip 1/4 to left, step R, step L as do military turn (6:00)
3-4 Hip roll with R hip 1/4 to left, step R, step L as do military turn (3:00)
5-6 Step R forward, step and lock L behind R
7&8 Step R forward, lock L behind R, step R forward

STEP, PIVOT (1/2), TRIPLE FORWARD, TURN 1/2, TURN 1/2, WALK, WALK (with LASSO)

1-2 Step L forward, pivot 1/2 stepping R forward (end with weight on R) (9:00)
3&4 Step L forward, step R beside L, Step L forward
5 Turn 1/2 to left stepping back on R

6 Turn 1/2 to left stepping forward on L
7-8 Walk forward R, L - with R arm lassoing ccw 2X overhead, left hand on left hip

Alternate for turn:

WALK 4X, LASSO ARM OVERHEAD

5-8 Walk forward R, L, R, L - with R arm lassoing ccw 4x overhead, left hand on left hip

Repeat Dance

NO TAGS, NO RESTARTS

ROTATES CCW

To make dance into a beginner dance, dance first 32 counts only.

To make dance into a beginner dance, dance last 32 counts only, with turn alternate.

To make dance a high beginner dance, dance last 32 counts only, as written.

To make dance an improver dance, dance as written.

This dance was choreographed to go with my friend's song for a music video that was filmed at VAN'S in Leeds, Alabama. I created it with the idea in mind that it could be broken down into simpler pieces for horse folks to learn sitting around a fire while horse camping. It is essentially four dances in one, and people can dance it the way they need to based on their experience level with line dancing.

I hope everyone enjoys this ORIGINAL LINE DANCE from the music video for the song Rackin Horse by Nitty Gritty GR (Greg Roberts) featuring the J Creek Cloggers and the viral sensation Zeb Ross ("Blue Shirt Guy"). The video shows my line dance students who put a lot of hard work into preparing for the music video shoot. I appreciate every last one of them! Enjoy!!

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Questions or comments?: beccasbarndance@gmail.com
