

Heart Thing

拍數: 32 牆數: 4
編舞者: Winnie Soh (MY) - October 2022
音樂: Heart Thing - Sarah Ames

級數: High Beginner / Improver



SEC 1: SAILOR, BEHIND CROSS SIDE 1/4 TURN, FWD, ROCK FWD 1/2 TURN, FWD SHUFFLE

1&2 RF cross behind of LF, LF step left, RF step right
3&4 LF cross behind of RF, RF step 1/4, turn right, LF step fwd
5&6 RF rock fwd, recover LF, RF 1/2, turn right
7&8 LF step fwd, RF together, LF step fwd

SEC 2: PIVOT 1/4 TURN LEFT CROSS, CHASSE, MAMBO FWD, MAMBO BWD.

1&2 RF rock fwd, recover LF, RF step cross in front of LF
3&4 LF 1/4 step left, RF together, LF step left
5&6 RF rock fwd, recover LF, RF step together
7&8 LF rock back, recover RF, LF step together

SEC 3: CUBAN BREAK, Botafogo

1&2& RF cross rock in front of LF, recover LF, RF side rock right, recover LF
3&4 RF cross rock in front of LF, recover LF, RF step right
5&6 LF cross in front of RF, RF side rock right, LF recover
7&8 RF cross in front LF, LF side rock left, recover RF

SEC 4: 1/2 FALLAWAY DIAMOND, HITCH, TWO STEP FWD, TWO STEP FWD, TWO STEP BWD.

1&2& LF step cross in front of RF, RF step right, LF step bwd, RF hitch,
3&4 RF step cross behind of LF, LF step left, RF step cross in front of LF
5&6 LF step fwd, RF together, LF step fwd
7&8 RF together, LF step bwd, RF touch next to LF

TAG: 4 COUNTS

1 – 4 RF back rock, LF recover, RF fwd rock, LF recover

THAT IS 1 RESTART AFTER 16 COUNTS OF WALL 3 AND 4 COUNTS TAG AFTER WALL 6 IN THIS DANCE

HOPE YOU ENJOY IT, HAPPY DANCING
