

Catch Me In The Air

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sherry Kemp (USA) - October 2022
音樂: Catch Me In The Air - Rina Sawayama



Intro: Immediately after heavy triple beat, begin on lyric "Hey"

****One step change and restart, no tags**

S1: Forward diagonal step & toe dig x2 (right then left), and back x2 (right then left)

1-2 R step diagonally forward right, L toe dig by R with bent knee and body twisting slightly right
3-4 L step diagonally forward left, R toe dig by L with bent knee and body twisting slightly left
5-6 R step diagonally back right, L toe dig by R with bent knee and body twisting slightly right
7-8 L step diagonally back left, R toe dig by L with bent knee and body twisting slightly left

S2: (Modified V step) Forward diagonal steps, step behind, cross brushing back x2 (right then left)

1-2 R step diagonally forward right (12:00), L step diagonally forward left
3-4 R step back behind L turning slightly right, L cross and brush back past R
5-6 L step (12:00) diagonally forward left, R step diagonally forward right
7-8 L step back behind R turning slightly left, R cross and brush back past L

S3: R lock step forward with touch, L lock step forward with brush

1-4 R step forward (12:00), L step (lock) behind R, R step forward, L touch by R
5-8 L step forward, R step (lock) behind L, L step forward, R brush forward.

S4: Backward moving extended turning Jazzbox

**** (4th repetition (6:00) step change and restart here on *second 6:00 wall***

1-4 R cross over L, L wide step back, R step to right side, L cross over R
5-8 R wide step back, L step to left side 1/4 turn right, R step 1/4 turn right, step L along R

S4 Step change and restart:

**** (4th repetition (6:00) step change and restart) At *second 6:00 wall*, dance 4 count turning jazzbox and restart S1 of the dance.**

1-4 R cross L, L step back 1/4 turn right, R step 1/4 turn right, L step along R, restart S1

S1 Toe dig option: dip into the toe dig

Finish: Music begins to fade at end of 12th repetition at 6:00. At 12:00, continue to dance first 7 counts of S1 ending with R step in front of L on count 8 with arms to the sides up "in the air!"

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