

# Sakit Tanpa Luka

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Adhex Yanti (INA) & Zaza Calisthenics (INA) - 1 October 2022  
音樂: Sakit Tanpa Luka - Ayu Ting Ting



Start dance on vocals (40 sec)  
Tag: 4 counts after wall 1 (09.00)

## (1-8) FORWARD ROCK – BACK SHUFFLE – BACK ROCK – FORWARD SHUFFLE

1 – 2      Step RF forward (1), Recover on LF (2)  
3 & 4      Step RF to back (3), Close LF next to RF (&), Step RF to back (4)  
5 – 6      Step LF to back (5), Recover on RF (6)  
7 & 8      Step LF forward (7), Close RF next to LF (&), Step LF forward (8)

## (9-16) WEAVE – DIAGONAL TOUCH BUMP (L-R)

1 – 4      Cross RF over LF (1), Step LF to L (2), Cross RF behind LF (3), Diagonal touch LF with bump L (4)  
5 – 8      Cross LF over RF (5), Step RF to R (6), Cross LF behind RF (7), Diagonal touch RF with bump R (8)

## (17-24) ¼ TURN R JAZZ BOX – FORWARD TOE STRUT WITH BUMP

1 – 4      Cross RF over LF (1), ¼ turn R step LF to back (2), Step RF to R (3), Step LF forward (4) (03.00)  
5 – 8      Toe RF forward with bump R (5), Drop on RF (6), Toe LF forward with bump L (7), Drop on LF (8)

## (25-32) ROCKING CHAIR – FORWARD TOE BUMP – ½ TURN L FORWARD TOE BUMP

1 – 4      Step RF forward (1), Recover on LF (2), Step RF to back (3), Recover on LF (4)  
5 – 6      Toe RF forward with bump R (5), Drop on RF (6)  
7 – 8      ½ turn L toe LF forward with bump L (7), Drop on LF (8) (09.00)

Tag : 4 counts after wall 1 (09.00)

## JAZZ BOX WITH SHIMMY

1 – 4      Cross RF over LF (1), Step LF to back (2), Step RF to R (3), Step LF forward (4)  
\*styling shimmy

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