

For Mom

拍數: 32 牆數: 4 級數: Improver
編舞者: Chatti the Valley (ES) & Adela Ortega (ES) - June 2022
音樂: I Hope You Dance - Lee Ann Womack



Intro: 32

To Dolores Cecilia Cuevas (Adela's mother), fulfilling her posthumous wish that we continue to dance for her

[1-8]: Right Back ROCKING CHAIR, COASTER STEP, Left MAMBO CROSS, Left HINGE TURN & CROSS.

- 1 Step back on right foot
- & Recover weight on left
- 2 Step forward on right foot
- & Recover weight on left
- 3 Step right back
- & Step left back, beside right foot
- 4 Step right forward
- 5 Step left to left side
- & Recover weight on right foot
- 6 Cross left over right
- 7 ¼ turn left, step right back
- & ¼ turn left, step left to left side (6:00)
- 8 Cross right over left

[9-16]: Left MAMBO CROSS, Right & Left SIDE & TOUCH, Right RUMBA BOX Forwd & Back.

- 1 Step left to left side
- & Recover weight on right foot
- 2 Cross left over right
- 3 Step right to right side
- & Touch left beside right foot
- 4 Step left to left side
- & Touch right beside left foot
- 5 Step right to right side
- & Step left beside right foot
- 6 Step right forward
- 7 Step left to left side
- & Step right beside left foot
- 8 Step left back

[17-24]: Right Back SHUFFLE, Left ¼ TURN & CHASSE, Right CROSS MAMBO, Left CROSS, SIDE, BEHIND & SWEEP.

- 1 Step right back
- & Step left back, near right foot
- 2 Step right back
- 3 ¼ turn left, step left to left side (3:00)
- & Step right beside left foot
- 4 Step left to left side
- 5 Cross right over left
- & Recover weight on left
- 6 Step right to right side
- 7 Cross left over right
- & Step right to right side

8 Step left behind right foot
& Sweep right foot from front to back

[25-32]: Right BEHIND, Side, CROSS, Left RUMBA BOX, Right MAMBO ROCK, Left Back SHUFFLE.

1 Step right behind left foot
& Step left to left side
2 Cross right over left foot
3 Step left to left side
& Step right beside left foot
4 Step left forward
5 Step right forward
& Recover weight on left
6 Step right back
7 Step left back
& Step right back, near left foot
8 Step left back

START AGAIN

RESTART: During Third wall (3^a), dance until count 16 and start from the beginning (you are facing at 12:00).
