

Short Dressed Flapper

拍數: 48 牆數: 4 級數: Beginner
編舞者: Helaine Norman (USA) - October 2022
音樂: Short Dressed Gal - Preservation Hall Jazz Band



Intro: 64 - Tags: 1

I. CHARLESTON

1-4 Step R, kick L forward
5-8 Step L, touch R back

II. CHARLESTON

1-4 Step R, kick L forward
5-8 Step L, touch R back

III. ½ L TURN PADDLES; TOUCH, FLICK

1-2 Step R side on R ball, recover to L 1:30
3-4 Step R side on R ball, recover to L 5:30
5-6 Step R side on R ball, recover to L 6:00
7-8 Touch R together, flick R back diagonally

Optional styling for 1-6: With each recover to L, also flick R. Raise arms and hands up while twisting hands with the rhythm.

IV. JAZZ BOX WITH TOE STRUTS

1-2 Touch R over, drop R heel
3-4 Touch L back, drop L heel
5-6 Making ¼ turn left, touch R side, drop R heel
7-8 Touch L side, drop L heel R over

V. ¼ R TURN K-STEP

1-2 Step R diagonally, touch L together
3-4 Step L in place, touch R together
5-6 Making ¼ turn right, step R side, touch L together 9:00
7-8 Step L side, touch R together

VI. SHIMMY X 2

1 Step R side
2-4 Shake shoulders while leaning to R side (weight stays right)
5 Step L side
6-8 Shake shoulders while leaning to L side (weight stays left)

REPEAT

TAG: End of wall 5 facing 9:00. Repeat sections I & II (Charleston) and restart with Charleston.

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