

# Ons Moeder Zeej Nog

COPPERKNOB  
BY STEPHANETS

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Ons Moeder Zeej Nog - Jan Biggel



Info: Starts after 32 counts

## [1 – 8] (Side, Together, Side, Touch) R+L

1,2,3,4      Step R to side (1), step L next to R (2), step R to side (3), touch L next to R (4) [12.00]  
5,6,7,8      Step L to side (5), step R next to L (6), step L to side (7), touch R next to L (8) [12.00]

## [9 – 16] Hip Bumps, Jazz Box Into ¼ R

1,2,3,4      Step R to side with hip bump R (1), hip bump L (2), hip bump R (3), hip bump L (4) [12.00]  
5,6,7,8      Step R across L (5), ¼ R stepping L back (6), step R to side (7), step L fwd. (8) [03.00]

## [17 – 24] Heel, Touch, Shuffle Fwd., Step L Fwd., ½ Turn R, ½ Shuffle Turn R

1,2      Touch R heel fwd. (1), touch R toe behind (2) [03.00]  
3&4      Step R fwd. (3), step L next to R (&), step R fwd. (4) [03.00]  
5,6      Step L fwd. (5), ½ turn R changing weight to RF (6) [09.00]  
7&8      ¼ turn R stepping L to side (7), step R next to L (&), ¼ turn R stepping L back (8) [03.00]

## [25 – 32] Rock Back, Kick-Ball-Step, Rocking Chair (Or 2x ½ Pivot Turn L)

1,2      Rock R back (1), recover to LF (2) [03.00]  
3&4      Kick R fwd. (3), step on ball RF (&), step L fwd. (4) [03.00]  
5,6,7,8      Rock R fwd. (5), recover to LF (6), rock R back (7), recover to LF (8) [03.00]

Optional for count 5-8: 2x Pivot Turn L

Restart:

Dance wall 9 and 11 up to count 28 (kick-ball-step) and restart.  
Wall 9 facing 03.00 and wall 11 facing 09.00

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