

# Message In A Bottle

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Low Improver  
編舞者: Tammy Bosse (USA) - September 2022  
音樂: Message In A Bottle - Garth Brooks



**Begin after 20 counts – starts on the word 'Bottle'**

## **RIGHT SIDE SHUFFLE, ROCK STEP (LINDY), LEFT SIDE SHUFFLE, ROCK STEP (LINDY)**

1&2            Step right to right, step left next right, step right to right  
3-4            Rock back on left replace weight forward on right  
5&6            Step left to left, step right next left, step left to left  
7-8            Rock back on right replace weight left

**Wall 5 – Facing 12:00 – TAG:**

**Right Kick Back Ball Change, (Kick RF forward, step back on RF, Change weight to LF) RESTART**

**Wall 10 – Facing 3:00 TAG– Right V Step (step out RF, Step out LF Back, RF, Back LF) , RESTART**

## **ROCK FORWARD RIGHT, ¾ TURN SHUFFLE RIGHT, (R,L,R), ROCK FORWARD LEFT, COASTER STEP**

9-10            Rock forward Right Foot, Recover weight on Left Foot,  
11&12          Turn ¾ turn right shuffle (R,L,R)  
13-14          Rock forward Left Foot, Recover weight on Right Foot  
15&16          Step back on Left Foot, together Right, Step Forward Left foot

## **STEP FWD RIGHT, POINT LEFT TOE SIDE, STEP FRD LEFT, POINT RIGHT TOE JAZZ BOX ¼ TURN RIGHT**

17-18          Step forward Right Foot, Point Left toe side  
19-20          Step forward Left Foot, Point Right toe side  
21-24          Cross Right foot over Left, Step back on Left, turn ¼ step Right foot step side, Left foot step slightly forward

## **MONTEREY ¼ TURN RIGHT, RIGHT HIP BUMPS FORWARD, LEFT HIP BUMPS BACK**

25-26          Point Right toe to side, ¼ right step in place changing weight to Right foot  
27-28          Point Left toe to side, step Left foot in place  
29-30          Bump hips forward twice (weight on Right foot)  
31-32          Bump hips back twice (weight on Left foot)

**Music will slow down....don't stop, will pick back up...keep dancing!**

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