The Galaxy (云河)

拍數: 40

級數: Phrased Low Intermediate

編舞者: Diana Liang (CN) - September 2022

音樂: Yun He (雲河) - Teresa Teng (鄧麗君)

Sequence: ABBBB Tag ABBBB ABBBB Tag

Intro: 8

A:32 Counts

- AS1: NC Basic R, Rolling Vine, Cross, 1/4R, Together, Forward, 1/2L, 1/4L 1-2& step Rf to R side, step Lf behind Rf, slightly cross Rf over Lf 3-4& turn ¼ to L stepping Lf forward, 9H, turn ½ to L stepping Rf back, 3H, turn ¼ to L stepping Lf to L side, 12H 5-6& cross Rf over Lf, turn ¼ to R stepping Lf back, 3H, step Rf next to Lf 7-8& step Lf forward, turn 1/2 to L stepping Rf back, 9H, turn 1/4 to L stepping Lf to L side, 6H AS2: Prissy Walk Forward RL, 1/2L Pivot, Forward, Slight Body Roll Forward Recover, Back 1-2 step Rf forward, step Lf forward 3-4 step Rf forward, turn 1/2 to L transferring weight to Lf, 12H 5-6 step Rf forward, step Lf forward 7-8 step Rf forward rolling body forward slightly, recover to Lf finishing body roll AS3: (Turn 1/8 Side, Cross, Turn 1/8 Back) LR, Together, Forward, Lock Forward turn 1/8 to R stepping Rf to R side, 1:30H, cross Lf over Rf, turn 1/8 to L stepping Rf back, 1-2& 12H 3-4& turn 1/8 to L stepping Lf to L side, 10:30H, cross Rf over Lf, turn 1/8 to R stepping Lf back, 12H 5-6 step Rf next to Lf, step Lf forward step Lf forward, lock Rf behind Lf, step Lf forward 7&8 AS4: ¼R Scissors, 1/4L Back, ¼ L Together, Cross, ¼ R Back, ¼ R Together, Cross, Recover, ¼ L Run, Run RL 1&2 turn ¼ to R stepping Lf to L side, 3H, step Rf next to Lf, cross Lf over Rf 3&4 turn ¼ to L stepping Rf back, 12H, turn ¼ to L stepping Lf next to Rf, 9H, cross Rf over Lf 5&6 turn ¼ to R stepping Lf back, 12H, turn ¼ to R stepping Rf next to Lf, 3H, cross Lf over Rf 7&8& transfer weight to Rf, turn ¼ to L stepping Lf ball forward, 12H, step Rf ball forward, step Lf ball forward B: 8 Counts BS1: Rock Recover Steps-Forward/Side/Back, Swing, Syncopated Weave, 1/4R Mambo rock Rf forward, recover to Lf, rock Rf to R side, recover to Lf 1&2& 3&4 rock Rf back, recover to Lf, swing Rf forward to side
- 5&6 step Rf behind Lf, step Lf to L side, cross Rf over Lf
- 7&8 turn ¼ to R stepping Lf back, 3H, recover to Rf, step Lf forward

Tag 8 Counts

TS1: NC Basic RL, Forward, ½ R Pivot, Forward, ½ L Pivot

- 1-2& step Rf to R side, step Lf behind Rf, slightly cross Rf over Lf
- 3-4& step Lf to L side, step Rf behind Lf, slightly cross Lf over Rf
- 5-6& step Rf forward, step Lf forward, turn 1/2 to R stepping Rf in place
- 7-8& step Lf forward, step Rf forward, turn ¹/₂ to L stepping Lf in place

Thanks and happy dancing!



牆數: 4