

So Lovely Music

拍數: 64 牆數: 2 級數: High improver
編舞者: Marie-Odile Jélinek (FR) - July 2022
音樂: Frames - Lee DeWyze



AWARDS 2021 FFLCD

No Tag – Only 1 Restart at 2nd wall at the end of the 6th section
Final of 4 counts at 12H.

Dance starts after 32 Intro counts at the lyrics «My heart is getting...»

[1 to 8] WALK-WALK- (HEEL) OUT- (HEEL) OUT,BEHIND SIDE CROSS, SIDE ROCK STEP RECOVER

1-2 Walk RF fwd, Walk LF fwd - 12H
3-4 Pose (Heel) RF in diagonal R, Pose (Heel) LF in diagonal L
(Option :Heel or Pose RF or L)
5&6 Cross RF behind LF, Step LF to the L, Cross RF in front of LF
7-8 Step LF to the L, gather on RF

[9 to 16] L BEHIND- R STEP ¼ TURN SIDE- L TRIPLE FWD- R STEP TURN 1/2 Pivot- R TRIPLE TURN ½

1-2 Cross LF behind RF, ¼ Turn to the R with RF fwd - 3H
3&4 Triple Step LF (L-R-L)
5-6 RF fwd, pivot ½ Turn to the Left
7&8 Triple Step RF before Pivot ½ Turn to the L (R-L-R)

[17 to 24] L ROCK BACK RECOVER, L KICK AND POINT R, R KICK BALL CHANGE - L ROCK BACK RECOVER

1-2 Rock LF behind, gather RF - 3H
3&4 Kick Ball LF : Kick LF fwd, Gather LF next to RF, Point RF to the R
5&6 Kick Ball RF : Kick RF fwd, Gather RF next to LF, Point LF next to RF
7-8 Rock LF back, gather on RF

[25 to 32] STEP LEFT ¼- CROSS TRIPLE LEFT-R ROCK SIDE RECOVER- CROSS TRIPLE RIGHT

1-2 LF fwd, pivot 1/4 turn to the R - 6H
3&4 Cross LF in front of RF, RF to the R, Cross LF in front of RF
5-6 Rock RF lateral gather on LF
7&8 Cross RF in front of LF, LF to the L, Cross RF in front of LF

[33 to 40] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

1-2 Step LF L side...Sway L then Sway R - 6H
3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF
5-6 Step RF R side...Sway R then Sway L
7&8 Cross RF behind LF, LF to the L, Cross RF in front of LF

[41 to 48] L STEP TURN 1/2 Pivot- TRIPLE TURN ½- R ROCK BACK RECOVER- R KICK BALL CHANGE

1-2 LF fwd, ½ Turn to the R - 6H
3&4 Triple Step LF before Pivot ½ Turn to the R (L-R-L)
5-6 Rock RF back, gather on LF
7&8 Kick Ball RF : Kick RF fwd, Gather RF next to LF, LF slightly up, (BW on

LF)

Here : restart at 2nd wall after section N°6 : 41 to 48 (Resume dance at start of 12h)

[49 to 56] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

1-2 Step RF R side...Sway R then Sway L - 6H
3&4 Cross RF behind LF, LF to the L, Cross RF in front of LF
5-6 Step LF L side...Sway L then Sway R
7&8 Cross LF behind RF, RF to the R, Cross LF in front of RF

[57 to 64] R STEP TURN 1/2 Pivot- TRIPLE TURN 1/2- L ROCK BACK

RECOVER- L KICK BALL CHANGE
1-2 RF fwd, 1/2 Turn to the L - 6H
3&4 Triple Step RF before Pivot 1/2 Turn to the L (R-L-R)
5-6 Rock LF behind, gather on RF
7&8 Kick Ball LF : Kick LF fwd, Gather LF next to RF, Point RF next to LF

***1st Wall : in full – 2nd wall, here : interpret the choreography until the end of section N°6 : 41 to 48 (Restart : resume the dance at the start of 12H)**

Ending - Final resume 4th section at :

25 – 26 frpù STEP LEFT 1/4 : 1-2 LF fwd, pivot 1/4 turn to the right
27 – 28 in BEHIND SIDE CROSS : 3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF
(Hat Salute)

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Last Update: 28 Sep 2023
