

First Rodeo

拍數: 48 牆數: 0 級數: Phrased Intermediate
編舞者: Elke Sonnenberg (DE) - September 2022
音樂: First Rodeo (feat. Filmore & Seth Ennis) - Cooper Alan



Dance sequence: 8 A BB16BB 8 AA BBBB, 8, AA

[8 Count]: Rocking chair, rockstep fwd, close Arms: wave fwd (up- down)

- 1, 2, 3, 4, RF rockstep fwd and rock back, at the end weight on LF
- 5, 6, 7, RF rock step fwd – weight back on LF, RF to LF close with
- 8 Both arms a wave in front of the body: from chest height up and back again

Teil A

Kick ball change, scate scate triple step fwd, rock step

- 1, 2 RF kick forward - on balls, lift LF step briefly - weight back on LF,
- 3, 4 Drag the RF balls in a semicircle past the LF forward on the ground, repeat LF
- 5& 6 RF step forward, LF step behind RF, RF step forward
- 7, 8 LF rock step forward

Sailor turn 1/4 l, toe- heel- step, side- rock- cross, back back

- 1&2 Cross LF behind RF, 1/4 L twist and ball on RF, LF step left
- 3&4 RF - Touch ball of foot next to LF, touch R heel, RF step forward
- 5&6 LF step left, weight back on RF, cross LF over RF.
- 7, 8 RF step back, LF step back

Teil B

Side rock, cross triple, turn 1/4 r, triple side, cross

- 1,2 RF rock step right- weight back on LF
- 3&4, cross RF over LF, LF small, step left, cross RF over LF,
- 5, 6& 1/4 R-turn + LF step back, RF step right, LF close to RF,
- 7, 8 RF step side, LF cross over RF

Side rock, behind- 1/4 turn l- step, brush- hitch- cross, back, triple side

- 1,2 RF rock step right, weight at the end LF
- 3&4 RF cross behind LF, ¼ L turn step LF forward, brush RF across floor
- &5, 6 R- raise knees, cross RF over LF, step LF back
- 7&8 RF step right, LF close to RF, RF step right

Caution Wall 3 : Replace 7&8 with 7,8: close LF to RF

Rock fwd, rock side, sailor turn 1/4 l variation, walk hitch,

- 1, 2, 3, 4 LF step forward, LF step sideways
- 5&6 Cross LF behind RF, ¼ L turn, RF step right, LF step forward
- 7, 8 RF step forward, L-knee lift

Back 1/4 turn r with triple side 1/4 turn r, step 1/2 turn, walk walk walk

- 1 2&3 LF step back, ¼ R turn + RF step side, LF close to RF, ¼ R turn + RF forward
- 4, 5, 6, 7, 8 LF step forward, ½ R turn weight at end RF, LF step forward, RF step forward, LF step forward

Ending

**After Part A: ¼ turn left with left foot side
and smile ☐**

