

Build a Bridge

拍數: 16 牆數: 4 級數: Beginner NC2S Style
編舞者: Steve Rutter (UK) & Claire Rutter (UK) - September 2022
音樂: Love Can Build a Bridge - Westlife : (The LOVE Album)



(16 Count Intro' – 18 Secs).

Section 1 – Cross Rock, Close, Cross Rock, Close, Prissy Walks, Pivot ½ Turn Right.

- 1-2 Cross rock right over left, recover weight onto left.
- & Close right beside left.
- 3-4 Cross rock left over right, recover weight onto right.
- & Close left beside right.
- 5-7 Walk/Cross right over left, walk/cross left over right, walk/cross right over left.
- 8& Step left forward, pivot a half turn right (weight ending on right) (6 o'clock)

Section 2 – Side Step, Back Rock, Hips Sways, Ball-Cross, Side Step, Cross Behind, Sweep, Cross Behind, ¼ Turn Left.

- 1 Step left a large step to left side.
- 2& Rock back on right, recover weight onto left.
- 3-4 Step right to right side swaying hips right, sway hips left.

Restart: When Dancing Wall 5 Restart Dance Here Facing 6 O'clock.

(Wall 5 will be an instrumental part in the music)

- &5 Close right beside left, cross left over right.
- 6-7 Step right to right side, cross left behind right and at same time sweep right around from front to back.
- 8& Cross right behind left, make a quarter turn left stepping left forward (only a small step, allowing you to start again comfortably) (3 o'clock)

Restart: There is just one restart on wall 5, dance 12 counts only (Up to and including the Hip Sways) then restart dance facing 6 o'clock (Wall 5 is an instrumental part of the music).

Begin Again! □

E-Mail: nulinedancewithsteveandclaire@gmail.com