

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Selena Kallinich (DE) - September 2022  
音樂: No - Little Mix



LDF (de)

**Intro: 32 Count- start dancing with weight on L**

**Motion: Novelty/Soul-.RnB- Pop Mix**

**Tag: 1 Tag after Wall 9**

**Restart: 1 Restart - Wall 5/ changing steps at Sec II- 7-8**

**Note: it's just a modern line dance to have fun to dance :-)**

**RF > right foot / LF > left foot / fwd > forward / bwd > back behind**

**Section 1 [1 - 8] Heel Grind ¼ Turn R, Step Back, Shuffle back, ¼ Turn R, Point L, ¼ Turn L**

- 1 - 2      RF heel dip 12:00 , RF ¼ turn grind to right 03:00
- 3 - 4&      RF step back, LF step back, RF ball step 03:00
- 5 - 6      LF step back, RF ¼ turn to right 06:00
- 7 - 8      LF point to left,, LF t1/4 turn to left 03:00

**Section 2 [9 - 16] Full Turn L, ¼ Turn L Chasse, Back Rock, Kick Ball Cross**

- 1 - 2      RF step full turn fwd., LF step on weight 03:00
- (Option> RF ½ Turn L back, LF ½ Turn L step fwd.)**
- 3 &4      RF ¼ turn to R, LF ball Step to RF, RF step to right 12:00
  - 5 - 6      LF back rock behind RF, RF recover on weight 12:00
  - 7 &8      LF cross behind RF, RF step to right side, LF crossover RF 12:00

**Restart at Wall 5 / Changing steps**

- 7 - 8      LF step to left, RF touch to LF 12:00

**Section 3 [17 - 24] ½ Turn Step, ¼ Turn L-Mambo, Rock fwd.,(Jump) Sweep,Behind-Side-Rock, Behind-Side+Cross**

- 1 - 2&      LF step ¼ turn to left(03:00) RF ¼ turn ball step to right, LF recover 06:00
- 3 - 4      RF rock fwd. (jump), LF recover on weight RF sweep (ronde) to right, 06:00
- 5 - 6      RF cross behind LF, LF step to left, 06:00
- 7 - 8&      RF step to right, , LF cross over RF, RF step to right 06:00

**Section 4 [25 - 32] Hold,Behind-Ball-Cross, ¼ Turn, Step ½ Turn, Triple Turn**

- 1 - 2&      RF hold on count, LF cross behind, RF ball close to LF 06:00
- 3 - 4      LF crossover RF, RF ¼ turn to right. 03:00
- 5 - 6      LF step fwd., RF ½ turn to right 09:00
- 7      + 8 LF full - turn- step R (LF ⅓ turn R- RF ⅓ turn R- LF ⅓ Turn R) 03:00

**TAG After Wall 9**

**Tag: ¼ Paddle Turn 2 x R, Jazzbox**

- 1 - 2      RF step fwd., LF ¼ turn to left 09:00
- 3 - 4      RF step fwd., LF ¼ turn to left 06:00
- 5 - 6      RF crossover LF, LF step back 06:00
- 7 - 8      RF step to right, LF step fwd. 06:00

**If you have any questions please contact us: [www.linedancefriendship.de](http://www.linedancefriendship.de)  
N- joy it :)**

