

# Tide is High 2022

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: SoonYoung-Bae (KOR) - September 2022  
音樂: The Tide Is High - Atomic Kitten



- \* Intro : 16c ( start on vocal )
- \* Restart : After step change, at 16c on 4 Wall(12:00), 7 Wall(9:00)
- \* Tag(4c) : After the end on 8 Wall(12:00)

## S1[1-8] WALK FWD R-L, 1/4 L PIVOT, FWD MAMBO, BACK MAMBO(9:00)

1 2            walk forward RF-LF  
3 4            step RF forward, 1/4 LF side(9:00)  
5&6          rock RF forward, step LF in place, step RF back  
7&8          rock LF back, step RF in place, step LF forward

## S2[9-16] FWD SHUFFLE, 1/2 R PIVOT, SIDE MAMBO(L-R)(3:00)

1&2          step RF forward, ball step LF beside RF, step RF forward  
3 4          step LF forward, 1/2 R RF forward(3:00)  
5&6          rock LF side, step RF in place, step LF beside RF  
7&8          rock RF side, step LF in place, step RF beside LF

**\*\* STEP CHANGE AND RESTART : after step change (7&8 rock RF side, RF toe touch beside LF) on 4 WALL, 7 WALL**

## S3[17-24] FWD SHUFFLE, CHASSE R, 1/4 L CHASSE, FWD SHUFFLE(12:00)

1&2          step LF forward, ball step RF beside LF, step LF forward  
3&4          step RF side, ball step LF beside RF, step RF side  
5&6          1/4 L LF side(12:00), ball step RF beside LF, step LF forward  
7&8          step RF forward, ball step LF beside RF, step RF forward

## S4[25-32] CROSS- SIDE POINT(L-R), 1/4 R PIVOT, CROSS, SIDE POINT(3:00)

1 2            cross LF over RF, RF toe point to R  
3 4            cross RF over LF, LF toe point to L  
5 6            step LF forward, 1/4 R RF side(3:00)  
7 8            cross LF over RF, RF toe point to R

**\*\* TAG(4c)**

## S[1-4] SIDE AND HIP SWAY R-L-R-L

1-4            step RF side and hip sway R, hip sway L-R-L

The Dance Is The Best Play! Have Fun! ☐

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