

Good on Me

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Marianne Langagne (FR) - 16 September 2022
音樂: Good On Me - Caitlin Quisenberry



Intro : 16 counts

3 Restarts (after 16 counts)

Restart 1 : 4th Wall (Facing 12:00)

Restart 2 : 6th Wall (Facing 6:00)

Restart 3 : 10th Wall (Facing 6:00)

Séquence : 32-32-32-16R-32-16R-32-32-32-16R-32-16

S 1 WALK R-L , ROCK STEP, BACK R-L, COASTER STEP

1-2 RF Fwd, LF Fwd

3-4 RF Fwd, Recover on LF

5-6 RF Back (Option : Swivel LF) , LF Back (Option : Swivel RF)

7&8 RF Back, Together, RF Fwd

S 2 SIDE ROCK WITH ¼ TURN R, TRIPLE BACK ON ½ TURN R, ROCK BACK, KICK BALL CHANGE

1-2 LF to the L (body turned diagonal L), Recover on RF with Pivot ¼ Turn R (3:00)

3&4 LF Back in ½ Turn R, Together, LF Back (9:00)

5-6 RF Back, Recover on LF

7&8 Kick RF Fwd, Together, Recover on LF

***HERE RESTARTS**

S3 TRIPLE BACK, ROCK BACK, TRIPLE FWD, SKATE

1&2 RF Back, Together, RF Back

3-4 LF Back, Recover on RF

5&6 LF Fwd, Together, LF Fwd

7-8 Slide RF diagonally to R (passing near LF), Slide LF diagonally to L (passing near RF)

S4 CROSS ROCK, SIDE, TOUCH, ROLLING VINE TO L *, TOUCH

1-2 Cross RF over LF, Recover on LF

3-4 RF to the R, Touch LF Next to RF

5-6-7 LF in ¼ Turn L, RF Back in ½ Turn L, LF to the L in ¼ Turn L (9 :00)

*** Option : VINE A GAUCHE LF to the L, Cross RF behind LF, LF to the L**

8 Touch RF next to LF

ENJOY !!!!

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