



拍數: 32 牆數: 4 級數: High Beginner

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音樂: Ring - Kelechi Africana



### **DANCE STARTS AFTER 16 COUNTS**

## No Tag - No Restart

## S1. STEP SIDE, RECOVER, CHASSE, RL

1 - 2 R Step side, L recover

3&4 R to side, L together, R to side

5 - 6 L Step side, R recover

7&8 L to side, R together, L to side

# S2. RF STEP BACK 1/4 TURN TO R, LF STEP BACK 1/4 TURN TO L, R SUFFLE, L SUFFLE 1/4 TURN TO

L

1 - 2 R step back twice, 1/4 turn to R (Fc 03) 3 - 4 L step back twice, 1/4 turn to L (Fc 12)

5&6 R fwd, L together, R fwd

7&8 L fwd 1/4 turn to L, R together, L fwd (fc 09)

### S3. R CROSS OVER L , L CROSS OVER R

1&2 R cross over L, L in place, R recover

&3&4 L in place, R cross over L , L in place, R recover

5&6 L cross over R, R in place, L recover

&7&8 R in place, L cross over R, R in place, L recover (weight on L)

\*HEEL TOUCH - ONE OPTION

## S4. PADDLE 1/2 TURN TO L WITH HIP ROLL, HEEL TOUCH RL

1&2 R to side, L in place, R 1/8 turn to L (fc 06)

&3&4
L in place, R 1/8 turn to L, L in place, R close (fc 03)
5&6&
R fwd heel touch, R recover, L fwd heel touch, L recover
7&8&
R fwd heel touch, R recover, L fwd heel touch, L recover