

# Pollina Reggae

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ivonne Verhagen (NL) & Guests Sejour Texas Side Step Sicilia - September 2022  
音樂: No Woman, No Cry - Yann Muller



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## Intro: 16 Counts (18 sec)

### SEC 1: Walk, Walk, shuffle, Rock step, shuffle ½ turn

1-2            Step right forward, step left forward  
3&4           Step right forward, close left to right, step right forward  
5-6           Rock left forward, recover weight on right  
7&8           ¼ turn left & step left to the side, close right to left, ¼ turn left & step left forward (6:00)

### SEC 2: Side, together, side chasse, cross rock step, shuffle ¼ turn

1-2            Step right to the side, close left to right  
3&4           Step right to the side, close left to right, step right to the side  
5-6           Cross rock left over right, recover weight on right  
7&8           Step left to the side, close right to left, ¼ turn left & step left forward (3:00)

### SEC 3: Pivot ½ turn, Shuffle, Pivot ½ turn, Shuffle

1-2            Step right forward, ½ turn left & weight on left (9:00)  
3&4           Step right forward, close left to right, step right forward  
5-6           Step left forward, ½ turn right & weight on right (3:00)  
7&8           Step left forward, close right to left, step left forward

### SEC 4: Mambo forward, Mambo back, mambo side, Mambo side

1&2           Rock right forward, recover weight into left, step right back  
3&4           Rock left back, step recover weight into right, step right forward  
5&6           Rock right to the side, recover weight into left, close right to left  
7&8           Rock left to the side, recover weight into right, close left to right

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