

Nuh Uh

拍數: 102 牆數: 1 級數: Phrased Advanced
編舞者: Tim Johnson (UK) - September 2022
音樂: Nuh Uh - Jades Goudreault



Count In: Dance begins after 16 Counts

Notes: A – 32 Counts, B+ 16 counts (+ 4 counts), C – 32 counts, tag 2 counts, D – 16 counts

Sequence – A,B+,C,tag,D,A,B+,C,tag,D,D end facing front

A

[1-8] Step forward R, lock L, ¼ L, weave L, L side, close R, L side rock cross

- 1-2 Step R forward (1), Lock L behind R raising up onto toes (2)
3&4& making a ¼ turn left, step L to left side (3) step R behind L (&) step L to left side (4) cross R
 over L (&) end facing 9'o-clock
5-6 Step L to left side (5) step R next to L, taking weight on R (6)
7&8 rock L to left side (7) recover weight onto R (&) cross L over R (8)

[9-16] R side shuffle, L cross rock ¼, ¼ R, ¼ L, R shuffle

- 1&2 step R to right side (1) step L next to R (&) step R to right side (2)
3&4 cross rock L over R (3) recover weight onto R (&) Making a ¼ left step L to left side (4) end
 facing 6'o-clock
5-6 making a ¼ turn left, stepping forward R (5) making a ¼ turn left, stepping forward L (6) end
 facing 12'o-clcok
7&8 step forward R (7) step L behind R (&) step forward R (8)

***You're going to repeat the first 16 counts again, but on the opposite foot□**

[17-24] Step forward L, lock R, ¼ R, weave R, R side, close L, R side rock cross

- 1-2 Step L forward (1), Lock R behind L raising up onto toes (2)
3&4& making a ¼ turn right, step R to right side (3) step L behind R (&) step R to right side (4)
 cross L over R (&) end facing 3'o-clock
5-6 Step R to right side (5) step L next to R, taking weight on L (6)
7&8 rock R to right side (7) recover weight onto L (&) cross R over L (8)

[25-32] L side shuffle, R cross rock ¼, ¼ L, ¼ R, L shuffle

- 1&2 step L to left side (1) step R next to L (&) step L to left side (2)
3&4 cross rock R over L (3) recover weight onto L (&) Making a ¼ right step R to right side (4) end
 facing 6'o-clock
5-6 making a ¼ turn right, stepping forward L (5) making a ¼ turn right, stepping forward R (6)
 end facing 12'o-clcok
7&8 step forward L (7) step R behind L (&) step forward L (8)

B+ (called this as you have 4 additional costs after the 16-count section)

[1-8] R rock forward, R rock side, weave left, side stitches L,R,L, L hitch cross

- 1&2& Rock R forward (1) recover weight onto L (&) rock R to right side (2) recover weight onto L
 (&)
3&4 step L behind R (3) step R to right side (&) cross L over R (4)
5&6& point L to left side (5) step L next to R (&) point R to right side (6) step R next to L (&)
7&8 point L to left side (7) hitch up L knee (&) cross L over R (8)

[9-16] R side chacha, L side chacha, walk R, L , & lock & step

- 1-2& Step R to right side (1) step L next to R (2) step weight down on R (&)
3-4& Step L to left side (3) step R next to L (4) step weight down on L (&)

- 5-6 Walk forward R (5) walk forward L (6)
 &7&8 step forward R (&) lock L behind R (7) step forward R (&) step forward L (8)

(+ Section) 1-4 step forward R, ½ turn L, walk R,L

- 1-2 walk forward R (1) making a ½ turn left, take weight on L (2) end facing 6'o-clock
 3-4 walk forward R (3) walk forward L (4) option on count four to bring right index finger to lips as the songs sings "tell em"

C

[1-8] walk 1/8 R,L, half samba circle, rock R forward & side &

- 1&2 Making an 1/8th turn L, walk forward R (1) walk forward L, starting to sweep right foot from back to front (&) continue sweeping R from front to back (2) end facing 5:30
 3&4 Cross R over L (3) making an 1/8 turn right, step back on L (&) making an 1/8 turn right, step R to right side (4) end facing 7:30
 5&6 Making an 1/8 turn right, step L behind right (5) making an 1/8 turn right, step forward R (&) step forward L (6) end facing 10:30
 7&8& Rock R forward (7) recover weight onto L (&) making 1/8 turn right, rock R to right side (8) recover weight to L (&) end facing 12'o-clock

[9-16] rock R back, recover, R side, L close, R cross, L side, ½ sailor, walk L,R

- 1&2& Rock R behind L (1) recover weight onto L (&) step R to right side (2) step L next to R (&)
 3-4 Cross R over L (3) step L to left side (4)
 5&6 Making a ½ turn right, step R behind L (5) step L to left side (&) step R next to L (6) end facing 6'o-clock
 7-8 Walk forward L (7) walk forward R (8)

***You're going to repeat the first 16 counts again, but on the opposite foot□**

[17-24] walk 1/8 L,R, half samba circle, rock L forward & side &

- 1&2 Making an 1/8th turn R, walk forward L (1) walk forward R, starting to sweep left foot from back to front (&) continue sweeping L from front to back (2) end facing 7:30
 3&4 Cross L over R (3) making an 1/8 turn left, step back on R (&) making an 1/8 turn left, step L to left side (4) end facing 5:30
 5&6 Making an 1/8 turn left, step R behind L (5) making an 1/8 turn left, step forward L (&) step forward R (6) end facing 1:30
 7&8& Rock L forward (7) recover weight onto R (&) making 1/8 turn left, rock L to left side (8) recover weight to R (&) end facing 12'o-clock

[25-32] rock L back, recover, L side, R close, L cross, R side, ½ sailor, walk R,L

- 1&2& Rock L behind R (1) recover weight onto R (&) step L to left side (2) step R next to L (&)
 3-4 Cross L over R (3) step R to right side (4)
 5&6 Making a ½ turn left, step L behind R (5) step R to right side (&) step L next to R (6) end facing 6'o-clock
 7-8 Walk forward R (7) walk forward L (8)

TAG 1-2 ½ Volta turn right

- 1&2& making a ¼ turn right, step forward R (1) step L behind R (&) making a ¼ turn right, step forward R (2) step L behind R (&) end facing 12'o-clock

D

[1-8] R samba, L samba ½ paddle turn left

- 1-2& Step R to right diagonal (1) step L behind R (2) recover weight onto R (&)
 3-4& Step L to left diagonal (3) step R behind L (4) recover weight onto L (&)
 5&6& Making an 1/8 turn left, paddle R out to right side raising up as you step (5) recover weight onto L (&) making an 1/8 turn left, paddle R out to right side dropping down as you step (6) recover weight onto L (&)

7&8& Making an 1/8 turn left, paddle R out to right side raising up as you step (7) recover weight onto L (&) making an 1/8 turn left, paddle R out to right side dropping down as you step (8) recover weight onto L (&) end facing 6'o-clock

[9-16] R samba, L samba ½ paddle turn left

1-2& Step R to right diagonal (1) step L behind R (2) recover weight onto R (&)

3-4& Step L to left diagonal (3) step R behind L (4) recover weight onto L (&)

5&6& Making an 1/8 turn left, paddle R out to right side raising up as you step (5) recover weight onto L (&) making an 1/8 turn left, paddle R out to right side dropping down as you step (6) recover weight onto L (&)

7&8& Making an 1/8 turn left, paddle R out to right side raising up as you step (7) recover weight onto L (&) making an 1/8 turn left, paddle R out to right side dropping down as you step (8) recover weight onto L (&) end facing 12'o-clock

End of dance, repeat, smile and enjoy ☐
