

# If You Believe

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 2      級數: Phrased Beginner  
編舞者: Ria Simbolon (INA) & Ria Lolong (INA) - September 2022  
音樂: If You Believe - Strive to Be & Patch Crowe



Sequence: A Tag BB AA A8 BB AAA B Tag AAA  
Start on Vocal: Believe

## Part A: 16 Counts

### I : CROSS TOUCH, SIDE TOUCH, R BOTAFOGO, CROSS TOUCH, SIDE TOUCH, L BOTAFOGO

1-2            Touch R Toe across LF (1), Touch R Toe to R side (2)  
3&4           Step RF across LF (3), Rock LF to L side (&), Recover onto RF (4)  
5-6           Touch L Toe across RF (5), Touch L Toe to L side (6)  
7&8           Step LF across RF (7), Rock RF to R side (&), Recover onto LF (8)

### II : ROCK FWD, ¼ TURN R, FORWARD MAMBO, JAZZ BOX R

1&2           Rock RF fwd (1), Recover on LF (&), Turn ¼ R Step RF to side (2) 3:00  
3&4           Rock LF fwd (3), Recover on RF (&), Step LF beside RF 3:00  
5-6           Cross RF over LF (5), Turn ¼ R Step LF back (6) 6:00  
7-8           Step RF to side (7), step LF fwd (8) 6:00

## Part B: 16 counts

### I : TOE STRUT R-L, R CHASSE, ¼ TURN L COASTER STEP, SHUFFLE FWD

1&2&          Touch R Toe fwd (1), Drop R Heel taking weight onto RF (&), Touch L Toe fwd (2), Drop L Heel taking weight onto LF (&)  
3&4           Step RF to side (3), Close LF beside RF (&), Step RF to side (4)  
5&6           Turn ¼ L stepping LF behind RF facing 9:00 (5), Step RF beside LF (&), Step LF fwd (6)  
7&8           Step RF fwd (7), LF beside RF (&), Step RF fwd (8) 9:00

### II . ¾ TURN R, HIP BUMPS X2, KICK BALL STEP

1&2           Step LF fwd (1), ½ Pivot R body weight change to RF facing 3:00 (&), Turn ¼ R stepping LF to side facing 6:00 body weight on LF (2)  
3-4           Touch RF diagonal right & hip bumps twice (3-4)  
5-6           Touch LF diagonal L & hip bumps twice (5-6)  
7&8           Kick RF fwd (7), Step ball of RF beside LF (&), Step LF in place (8) 6:00

### TAG 4 counts : ¼ TURN L PADDLE X2

1-2           Step RF fwd (1), ¼ Turn L move body weight to LF (2)  
3-4           Step RF fwd (3), ¼ Turn L move body weight to LF (4)

There will be another TAG with the same 4 counts Paddle Turn L, add hold till music start again.

Enjoy the Dance.

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