

If You Believe

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Phrased Beginner
編舞者: Ria Simbolon (INA) & Ria Lolong (INA) - September 2022
音樂: If You Believe - Strive to Be & Patch Crowe



Sequence: A Tag BB AA A8 BB AAA B Tag AAA
Start on Vocal: Believe

Part A: 16 Counts

I : CROSS TOUCH, SIDE TOUCH, R BOTAFOGO, CROSS TOUCH, SIDE TOUCH, L BOTAFOGO

1-2 Touch R Toe across LF (1), Touch R Toe to R side (2)
3&4 Step RF across LF (3), Rock LF to L side (&), Recover onto RF (4)
5-6 Touch L Toe across RF (5), Touch L Toe to L side (6)
7&8 Step LF across RF (7), Rock RF to R side (&), Recover onto LF (8)

II : ROCK FWD, ¼ TURN R, FORWARD MAMBO, JAZZ BOX R

1&2 Rock RF fwd (1), Recover on LF (&), Turn ¼ R Step RF to side (2) 3:00
3&4 Rock LF fwd (3), Recover on RF (&), Step LF beside RF 3:00
5-6 Cross RF over LF (5), Turn ¼ R Step LF back (6) 6:00
7-8 Step RF to side (7), step LF fwd (8) 6:00

Part B: 16 counts

I : TOE STRUT R-L, R CHASSE, ¼ TURN L COASTER STEP, SHUFFLE FWD

1&2& Touch R Toe fwd (1), Drop R Heel taking weight onto RF (&), Touch L Toe fwd (2), Drop L Heel taking weight onto LF (&)
3&4 Step RF to side (3), Close LF beside RF (&), Step RF to side (4)
5&6 Turn ¼ L stepping LF behind RF facing 9:00 (5), Step RF beside LF (&), Step LF fwd (6)
7&8 Step RF fwd (7), LF beside RF (&), Step RF fwd (8) 9:00

II . ¾ TURN R, HIP BUMPS X2, KICK BALL STEP

1&2 Step LF fwd (1), ½ Pivot R body weight change to RF facing 3:00 (&), Turn ¼ R stepping LF to side facing 6:00 body weight on LF (2)
3-4 Touch RF diagonal right & hip bumps twice (3-4)
5-6 Touch LF diagonal L & hip bumps twice (5-6)
7&8 Kick RF fwd (7), Step ball of RF beside LF (&), Step LF in place (8) 6:00

TAG 4 counts : ¼ TURN L PADDLE X2

1-2 Step RF fwd (1), ¼ Turn L move body weight to LF (2)
3-4 Step RF fwd (3), ¼ Turn L move body weight to LF (4)

There will be another TAG with the same 4 counts Paddle Turn L, add hold till music start again.

Enjoy the Dance.

Contact email: Sandrapal59@gmail.com