

Just Breathe

COPPER KNOB
STEPPERS

拍數: 24 牆數: 2 級數: Intermediate
編舞者: Margaret Swift (UK) - August 2022
音樂: Just Breathe - Darci Lynne & The Imaginaries



Intro: Start on Word. Running.

Section 1: Kick Ball Point, Sailor ¼ Turn

1 – 2 – 3 Kick Left Forward. Step Left next to Right. Point Right to Right side
4 – 5 – 6 Cross Right behind Left. Turn ¼ Right Stepping on to Left. Step Right forward.

Section 2: Step ½ Turn. Step Back. Coaster Step.

1 – 2 – 3 Step forward on Left. ½ Turn Left. Stepping back on Right. Step Back on Left
4 – 5 – 6 Step Back on Right. Close Left next to Right. Step Forward on Right.

Section 3: Step ½ Turn Right. Step Back. Step Back. Drag Left Across Right.

1 – 2 – 3 Step Forward on Left. ½ Turn Right. Step back on left.
4 – 5 – 6 Step Back on Right. Drag Left across Right for Two Counts.

Section 4: Cross Turn Right. Turn ¼ Right. Rock Recover. Behind Side Cross.

1 – 2 – 3 Step Forward on Left. Turning ¼ Right rock to Right Side. Recover on Left
4 – 5 – 6 Cross Right Behind Left. Step Left to Left side. Step Right over Left

End of Wall 1.

Two Count Tag. Sway Left. Sway Right.

End of Wall 2.

Eight Count Tag. Step Back on Left. Sweep Right behind Left.

Sweep Left. Behind Right. Sweep Right Behind Left.

Rock back on Left. Recover on Right.

Step Forward on Left. Pivot ½ Turn Right.

End of Wall 3.

Four Count Tag. Sway Left. Sway Right. Sway Left. Sway Right.

End of Wall 4

Sixteen Count Tag Repeat Eight Count Tag Twice

Ending the Dance

Wall 7. Dance up to the end of Section 2 (Coaster Step) facing 3 O'clock

Repeat Tag 2. Twice. Turn to Front to Finish

Last Update - 15 Sept. 2022