

Low Living

拍數: 48 牆數: 4 級數:
編舞者: Thomas Haynes (USA) - September 2022
音樂: The High Cost of Low Living (feat. Dennis Gruenling) - Nick Moss Band :
(Remastered)
或: Before You Accuse Me - Eric Clapton



Alt Music: Before You Accuse Me - Eric Clapton

Side steps right, left with touches, side shuffle, rock

1-2- Step right on right, touch left next to right
3-4- Side step on left, touch right next to left
5&6- Shuffle to the right RLR
7-8- Rock back on left, recover on right

Side steps left, right with touches, side shuffle, rock

1-2- Step left on left, touch right next to left
3-4- Step right on right, touch left next to right
5&6- Shuffle to the left LRL
7-8- Rock back on right, recover left

Step forward with toe points

1-2- Step forward on right, point left toe left
3-4- Step forward on left, point right toe right
5-6- Step forward on right, point left toe left
7-8- Step forward on left, point right toe right

Sailor Shuffles moving back with 1/4 turn left

1&2- Step right behind left, side step left, side step right
3&4- Step left behind right, side step right, side step left
5&6- Step right behind left, Side step left, side step right
7&8- Step left behind right, turning 1/4 turn left, side step right, step forward on left

Forward lock steps with shuffle forward

1-2- Step forward on right, lock step left behind right
3&4- Shuffle forward RLR
5-6- Step forward on left, lock step right behind left
7&8- Shuffle forward LRL

Rock forward, recover, 1/2 Turn shuffle forward, rock, recover, coaster step

1-2- Rock forward on right, recover on left
3&4- Turning 1/2 turn right shuffle forward RLR
5-6- Rock forward on left, recover on right
7&8- Step back on left, step back on right, step forward on left

begin again.....
