

The Bristol Stomp

拍數: 40 牆數: 4 級數: Improver +
編舞者: Hiroko Carlsson (AUS) - September 2022
音樂: Bristol Stomp - The Dovells : (Spotify/ Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on lyrics/16 Counts intro)

[S1] Side Rock, Cross Shuffle, Point Out-In-Out, Behind-Side-Cross

1 2 Rock R to the side, Replace weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5&6 Point L to the left, Touch L next to R, Point L to the left
7&8 Step L behind R, Step R to the side, Cross L over R

[S2] Side Rock Turn 1/4L, Fwd Mambo, Back, Back, Coaster Step

1 2 Step/rock R to the side, Recover weight on L making a ¼ turn left (9:00)
3&4 Rock forward on R, Replace weight on L, Step back on R
5 6 Step back on L, Step back on R
7&8 Step back on L, Step R next to R, Step forward on L

Restart here on Wall 1 (9:00)

[S3] 2x (Box 1/4R Turn with Toe Struts)

1&2& Cross toe strut R over L (1&), Make a ¼ turn right back toe strut on L (2&) (12:00)
3&4& Side toe strut to the right on R (3&), Forward toe strut on L (4&)
5&6& Cross toe strut R over L (5&), Make a ¼ turn right back toe strut on L (6&) (3:00)
7&8& Side toe strut to the right on R (7&), Forward toe strut on L (8&)

[S4] Modified Vaudevilles

1&2& Cross R over L, Step L to the side, Touch R heel diagonally forward, Step R in place
3&4& Cross L over R, Step R to the side, Touch L heel diagonally forward twice (4&)
5 Step L in place
6& Cross R over L, Step L to the side
7&8 Touch R heel diagonally forward 3 times

Restart here on Wall 4 (6:00)

[S5] Step-Pivot 1/2L, Run Forward, Fwd Rock, Run Back

1 2 Step forward on R, Make a ½ turn left recover weight on L (9:00)
3&4 Run back on R-L-R
5 6 Rock forward on L, Recover weight on R
7&8 Run back on L-R-L

Restart on Wall 1 count 8 (9:00) and Wall 4 count 32 (6:00)

Ending suggestion: The last wall starts facing 12:00, dance up to S2 count 7& (9:00). Then, Make a ¼ turn right stepping L to the side. (12:00)

(updated: 14/Sept/22)