Dance the USA



拍數: 32 牆數: 4 級數: Beginner

編舞者: Becky Hawthorne (USA) - September 2022 音樂: Dancin' Across the USA - Lindsey Buckingham



No tags, no restarts

Intro: Vocal slowly sings "We.....went.....". Dance starts on the next word, "dancin".

Section 1: HIP BUMPS, FWD ROCK, RECOVER, STEP, STEP

1, 2	Hip bump L by bending R knee, Hip bump R by lifting R hip (weight is on LF)
3, 4	Hip bump L by bending R knee, Hip bump R by lifting R hip (weight is on LF)
5, 6	Rock RF forward, Recover weight back onto L

7, 8 Step RF next to LF, Step LF next to RF

Section 2: FWD ROCK, RECOVER, STEP, STEP, 1/4 JAZZ BOX

1, 2	Rock RF forward, Recover weight back onto L
3, 4	Step RF next to LF, Step LF next to RF
5, 6	Cross RF over L, 1/4 Step LF back (3:00)
7, 8	Step RF to R side, Cross LF over R

Section 3: LINDY RIGHT, LINDY LEFT

1 & 2	Step RF to R side, step LF next to RF (&), Step RF to R side
3, 4	Rock LF behind R, Recover on RF
5 & 6	Step LF to L side, step RF next to LF (&), Step LF to L side
7. 8	Rock RF behind L, Recover on LF

Section 4: SIDE, HOLD, CROSS, HOLD, BACK, 1/4 SIDE, 1/4 SIDE, STEP TOGETHER

1, 2	Step RF to R side, Hold
3, 4	Cross and step LF over R, Hold
5, 6	Step RF back, 1/4 Step LF to L side (12:00)
7, 8	1/4 Step RF to R side (9:00), Step LF next to RF

Suggested ending: Song starts to fade after Wall 12, Section 2. After the 1/4 jazz box you will be facing 6:00. Do two more 1/4 jazz boxes to end facing 12:00.

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