

# My HaND

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Andrico Yusran (INA) - September 2022  
音樂: For My Hand (feat. Ed Sheeran) - Burna Boy



**\*No Tag No Restart\***

**\*Start Dance after intro lyrics 32 Counts\***

## **S1# \*SAMBA WISHK - VOLTA 3/4 TURN L - FORWARD - 1/2 TURN R ( sweep ) - CROSS BEHIND - SIDE - CROSS\***

1 a2            Step R to side , L ball cross behind R , R tap in place  
3 a4            L 1/4 turn L , R lock behind L , L 1/4 turn to L  
5-6            R forward ( 3.00 ) , L 1/2 Turn to R with R sweep from front to back ( 9.00 )  
7&8            R cross behind L , L side , R cross over L

## **S2# \*DIAMOND 1/2 TURN L - LOCK FORWARD SYNCOPATED DIAGONAL\***

1&2            Step L forward diagonal to L , R side 3/8 turn L ( 6.00 ) , L back diagonal to L with R knee up  
3&4            R back , L 3/8 turn to L ( 3.00 ) , R cross diagonal to L ( 1.30 )  
5&6&          L forward diagonal to L , R lock behind L , L forward , R lock behind L ( 1.30 )  
7&8            L forward diagonal to L , R lock behind L , L forward ( 1.30 )

## **S3# \*MAMBO DIAGONAL ( sweep ) - SAILOR 3/8 TURN L - SAILOR 1/4 TURN R - OUT - OUT\***

1&2            Step R forward , Recover on L , R back with L sweep from front to back ( 1.30 )  
3&4            L 3/8 turn to L ( 12.00 ) , R side , L to side  
5&6            R 1/4 turn to R cross behind L , L side , R forward  
7-8            L out , R out

## **S4# \*CLOSE - KNEE POP - V STEP (heels) - FORWARD - CLOSE\***

1-2-&          Step L close beside R , making knee both out , in ( heels up )  
3&4            knee both out , in , out ( heels up )  
5&6&          R heel diagonal to R , L heel diagonal to L , R back to center , L close beside R  
7-8            R forward , L close beside R

Dancing With Your Heart ☐

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