The Hurtin' Side



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Derek Robinson (UK) - September 2022

音樂: The Hurtin' Side - Mike Reid



Thanks to my wife Audrey for suggesting the music

#32 Count Intro One restart

Sec 1: FORWARD RIGHT.	SCHEE LEET	SCHEE E		SIDE BOCK
Sec I FURWARD RIGHT.	SCUFF, LEFT	. SCUFF. F	URWARD RUCK.	SIDE KOCK

1-4	Step forward on right, scuff left forward
3-4	Step forward left, scuff right forward
5-6	Rock forward on right, recover onto left
7-8	Rock right to right side, recover onto left

(Restart here on wall 5 facing 12.00)

Sec 2: RIGHT & LEFT TOE STEPS BACK, SIDE ROCK, CROSS

1-4	Step back on right toe, drop heel
3-4	Step back on left toe, drop heel

5-6 Rock to right side on right, recover onto left

7-8 Cross right over left, hold

Sec 3: TOUCH, TOGETHER, TOUCH, 1/4 TURN, SIDE ROCK, CROSS, HOLD

1-2	Touch left toe to left side, step left beside right
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3-4 Touch right toe to right side, turn ¼ right stepping right beside left (3.00)

5-6 Rock left to left side, recover onto right

7-8 Cross left over right, hold

Sec 4: SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE

1-2	Step right to right side, cross left behind right
3-4	Step right to right side, cross left over right
5-6	Rock right to right side, recover onto left
7-8	Cross right behind left, step left to left side

Begin again.