

One of These Days

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Melinda Yeung (AUS) & Willie Yeung (AUS) - September 2022
音樂: One of These Days - Olly Murs



Intro : 16 Counts

Side, Drag, Rock back, Recover x 2

1234 Big step Right to side, drag Left towards Right, Rock back Left, Recover Right
5678 Big step Left to side, drag Right towards Left, Rock back Right, Recover Left

Side, Together Forward touch, Side Together Back Touch (Rumba Box)

1234 Step Right to side, step Left together, step Right Forward, touch Left next to right
5678 Step Left to side, step Right together, step Left Back, touch Right next to Left

Back cross back touch X2

1234 Step back Right diagonal (facing 1:30), cross Left over Right, step back Right, Touch Left next to Right
5678 Step back Left diagonal (facing 10:30), cross Right over Left, step back Left, Touch Right next to Left

Side, Behind, ¼ Step, ½ Pivot, ¼ Side step, Behind, ¼ Step (Figure 8)

1234 Step Right to right side (12:00), cross Left behind Right, ¼ Right stepping Right forward, Step Left forward (3:00)
5678 ½ Pivot right stepping Right forward (9:00), ¼ Right stepping Left to Left side (12:00), Cross Right behind Left, ¼ Left stepping Left forward (9:00)

Restart and Tag: Wall 4 after 16 counts Add 4 counts
Sway to Right hold, Sway to Left hold

Restart: Wall 10 after 16 counts (12:00)

Finish: Wall 11 after 24 counts (12:00)

Enjoy!

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