

# Another Heart

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 2      級數: Low Advanced  
編舞者: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - July 2022  
音樂: Another Heart - ILIRA : (Amazon & iTunes)



## Intro: 16 Counts

### S1: WALK BACK, ROCK BACK, RECOVER, R LOCK STEP, PRESS, RECOVER

1-2      Walk back on left, Rock back on right pushing hips back and popping left knee  
3      Recover forward on left  
4&5      Step forward on right, Lock left behind right, Step forward on right  
6-7      Press forward on left, Recover back on right

### S2: COASTER CROSS, HOLD, & TOGETHER, CROSS, SWAY, SWAY, TOGETHER

8&1      Step back on left, Step right next to left, Cross left over right  
2      HOLD  
&3-4      Small jump on right to right side,  $\frac{1}{8}$  left stepping left next to right, Cross right over left [10:30]  
5-6-7      Sway left rolling hips left and straightening to [12:00], Sway right rolling hips right, Step left next to right

### S3: OUT OUT IN CROSS, HOLD, & BACK, BACK, ROCK BACK, RECOVER, WALK, SWEEP

8&8&1      Step out and up on ball of right, Step out and up on ball of left, Step down on right in centre, Cross left over right  
2      HOLD  
&3-4      Small jump back on right, Step back on left popping right knee, Step back on right popping left knee  
5-6      Rock back on left pushing hips back, Recover on right pushing hips forward  
7-8      Walk forward on left, Ronde sweep right from back to front

### S4: CROSS, $\frac{1}{4}$ , $\frac{1}{4}$ , $\frac{1}{4}$ , CHUG STEPS x3

1-2      Cross right over left,  $\frac{1}{4}$  hinge turn right stepping back on left [3:00]  
3-4       $\frac{1}{4}$  hinge turn right stepping right to right side,  $\frac{1}{4}$  hinge turn right stepping left to left side [9:00]  
5-6      Small hop forward on right popping left knee next to right, Small hop forward on left popping right knee next to left  
7      Small hop forward on right popping left knee next to right

### S5: CHASSE L, HOLD, & SIDE, TOUCH, R ROLLING VINE

8&1      Step left to left side, Step right next to left, Step left to left side  
2      HOLD  
&3-4      Step right next to left, Step left to left side, Touch right next to left bending right knee slightly across left  
5-6       $\frac{1}{4}$  right stepping forward on right,  $\frac{1}{2}$  right stepping back on left [6:00]  
7       $\frac{1}{4}$  right stepping right to right side angling body to [10:30]

### S6: L LOCK STEP, HOLD, & ROCK, RECOVER, BACK, $\frac{1}{2}$ , WALK

8&1      Step forward on left to [10:30], Lock right behind left, Step forward on left  
2      HOLD  
&3-4      Step right next to left, Rock forward on left rolling hips forward, Recover on right  
5-6-7      Step back on left,  $\frac{1}{2}$  right stepping forward on right, Walk forward on left [4:30]

### S7: R LOCK STEP, HOLD, & ROCK, RECOVER, BACK, TOUCH, BACK, TOUCH

8&1      Step forward on right to [4:30], Lock left behind right, Step forward on right  
2      HOLD

- &3-4 Step left next to right, Rock forward on right rolling hips forward, Recover on left  
5-6 ½ right stepping back on right rolling right shoulder back, Touch left next to right dipping into right hip [6:00]  
7-8 Step back on left rolling left shoulder back, Touch right next to left dipping into left hip

**S8: ¼ ROCK, ¼ RECOVER, ½, ½, WALK, WALK, ANCHOR STEP**

- 1-2 Rock ¼ right pushing hips to right [9:00], ¼ left recovering weight forward on left [6:00]  
3-4 ½ left stepping back on right, ½ left stepping forward on left [6:00]  
5-6 Walk forward on right, Walk forward on left  
7&8 Lock right behind left, Step weight onto left, Step slightly back on right

**TAG : At the end of Wall 2, dance the 16 count Tag facing [12:00]:**

**SIDE, DRAG, & SIDE, POINT, ¼, ½, ¼, TOUCH (REPEAT)**

- 1-2 Long step on left to left side, Drag right to meet left  
&3-4 Step down on right next to left, Step left to left side, Point right to right side angling body to [10:30]  
5-6 ¼ right stepping forward on right, ½ right stepping back on left  
7-8 ¼ right stepping right to right side, Touch left next to right [12:00]  
9-16 REPEAT counts 1-8

**ENDING: At the end of Wall 4, stomp left to left side to finish the dance [12:00]**

Thank you to Margaret Hains for suggesting this track

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