

# My Sunshine

COPPER KNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Martine Canonne (FR) - August 2022  
音樂: I Make My Own Sunshine (John Fields Remix) - Alyssa Bonagura : (Album: Love  
Hard - iTunes)



**Intro : 32 Counts – No Tag No Restart – 1 Final**

**[1 – 8] ROCK STEP-SIDE ROCK, BEHIND-SIDE-CROSS, TRIPLE SIDE L, TURN ¼ R w/TRIPLE SIDE**

1&2&      Step RF forward, recover onto LF, step RF to right side, recover onto LF  
3 & 4      Cross RF behind LF, step LF to left side, cross RF over LF  
5 & 6      Step LF to left side, step RF next to LF, step LF to left side  
7 & 8      Turn ¼ right stepping RF to right side, step LF next to RF, step RF to right side (03:00)

**[9 – 16] ROCK STEP-SIDE ROCK, SAILOR ¼ TURN, ROCKING CHAIR 1/8 TURN L x2**

1&2&      Step LF forward, recover onto RF, step LF to left side, recover onto RF  
3 & 4      ¼ de tour à gauche en croisant PG derrière PD, poser PD à droite, poser PG devant (12:00)  
5&6&      Turn 1/8 left stepping RF forward, recover onto LF, step RF back, recover onto LF (10:30)  
7&8&      Turn 1/8 left stepping RF forward, recover onto LF, step RF back, recover onto LF (09:00)

**[17 – 24] WALK, WALK, STEP-TURN-STEP, TRIPLE ½ R LOCK, TRIPLE ½ R**

1 – 2      Step RF forward, step LF forward  
3 & 4      Step RF forward, turn ½ left (weight onto LF), step RF forward (03:00)  
5 & 6      Turn ¼ right stepping LF to left side, cross RF over LF, turn ¼ right stepping RF back (09:00)  
7 & 8      Turn ¼ right stepping RF to right side, step LF next to RF, turn ¼ right stepping RF forward  
(03:00)

**[25 – 32] WALK, WALK, STEP-1/4 R-CROSS, POINT&POINT&HEEL&HEEL&**

1 – 2      Step LF forward, step RF forward  
3 & 4      Step LF forward, turn ¼ right (weight onto RF), cross LF over RF (06:00)  
5&6&      Touch point RF to right side, step RF next to LF, touch point LF to left side, step LF next to  
RF  
7&8&      Touch heel RF forward, step RF next to LF, touch heel LF forward, step LF next to RF  
(06:00)

**ENDING : Make counts 1&, then step RF to right side**

LF : left foot - RF : right foot

<http://danseavecmartheherve.fr/>