

Into The Mystic with Gretchen

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Ultra Beginner
編舞者: Ruth Batchelor (USA) - July 2022
音樂: Into the Mystic - Gretchen Wilson



Starts after 32 counts

(1-8) Mambo Forward, Mambo Back

1,2,3 Rock R forward, recover weight on L, step R next to L, HOLD
5,6,7 Rock L back, recover weight on R, step L next to R, HOLD

(9-16) Mambo Right, Mambo Left

1,2,3 Rock R to R, recover weight on L, step R next to L, HOLD
5,6,7 Rock L to L, recover weight on R, step L next to R, HOLD

(17-24) Vine Right, Vine Left

1,2,3,4 Step R to R side, step L behind R, step R to R side, touch L next to R
5,6,7,8 Step L to L side, step R behind L, step L to L side, touch R next to L

(25-32) Reverse K-step

1,2,3,4 Step R diagonally back, touch L next to R, step L diagonally forward, touch R next to L
5,6,7,8 Step R diagonally forward, touch L next to R, step L diagonally back, touch R next to L

Variation to 4 wall dance:

(25-32) Reverse K-step ¼ Left Turning

1,2,3,4 Step R diagonally back, touch L next to R, step L turning ¼ L, touch R next to L
5,6,7,8 Step R diagonally forward, touch L next to R, step L diagonally back, touch R next to L