

EZ Moves

拍數: 32 牆數: 4 級數: Beginner
編舞者: Erni Jasin (INA) - September 2022
音樂: Moves - Hot Shade, Mika Zibanejad & Mike Perry



No Tag / Restart!

Intro : 16 counts

SECTION 1 : R SIDE - TOGETHER - SIDE CHASSE - 1/4 TURN R - L SIDE - TOGETHER - SIDE CHASSE

1 2 Step RF to side (1), Step LF beside R (2)
3&4 Step RF to side (3), Step LF Together (&), Step RF to side (4)
5 6 Make 1/4 Turn R Step LF to side (5), Step RF beside L (6) (3:00)
7&8 Step LF to side (7), Step RF Together (&), Step LF to side (8)

SECTION 2 : ROCKING CHAIR - PIVOT 1/2 TURN L - FWD SHUFFLE

1 4 Rock RF fwd (1), Recover on LF (2), Rock RF back (3), Recover on LF (4)
5 6 Step RF fwd (5), make 1/2 turn L Step LF in place (6) (9:00)
7&8 Step RF fwd (7), Step LF beside R (&), Step RF fwd (8)

SECTION 3 : OUT OUT - HOLD- CROSS - HOLD - BOUNCE 1/2 TURN L

&12 Step LF to side (&), Step RF to side (1), Hold (2)
&34 Step LF back to Centre (&), Cross RF over L (3), Hold (4)
5 8 1/2 Turn L Bounce Heels 4x, Ending weight on L (3:00)

SECTION 4 : R KICK / TOUCH (FWD&SIDE) - SAILOR STEP - L JAZZ BOX - TOUCH CLOSE

1 2 Kick / Touch RF fwd (1), Kick / Touch RF to side (2)
3&4 Cross RF behind L (3), Step LF to side (&), Step RF in place (4)
5 8 Cross LF over R (5), Step RF slightly back (6), Step LF side (7), Touch RF beside LF (8)

Have fun & Happy dancing!

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