Pesando



拍數: 32 牆數: 4 級數: Improver

編舞者: Cindy Elsy (INA)

音樂: Pensando en Ti - Don Omar



Intro 16 count

Restart on wall 3 and 10 after 8 count

I. Cruzados Walks, Botafogo, I/4 Turn L Sailor Step, Side Mambo, Touch.

1-2 Step big forward weight on RF, step big L forward weight on LF.

3a4 Cross RF over LF, step ball LF to L, recover onto RF.

5&6 Cross LF behind RF, I/4 turn L step RF to R, step LF forward.

7&8 Rock RF side, recover onto LF, touch RF beside LF.

II. Cross Step, Together, Rock Cross, 1/4 Turn L, Back Step, Batucadas.

1&2& Cross RF over LF, step LF to L, cross RF behind LF, step LF to L.

3&4 Cross RF over LF, step LF to L, close RF next to LF.

5&6& Cross LF over RF, 1/4 turn L step RF back, step back on LF, tap RF toe forward.

A7& Replace weight to LF, step back RF, tap LF toe forward.

A8 Replace weight to RF, step back LF.

III. Samba Whisk, 1/2 Turn R Volta.

Step RF side R, rock cross LF behind RF, recover onto RF.
Step LF side L, rock cross RF behind LF recover onto LF.
1/8 turn R cross RF over LF, step ball of LF slightly behind RF.

6&7&8 Repeat 5&.

IV. 1/4 Turn L Diamond Step with Hitch, Rock Cross, Rock Side, 1/2 Turn L Sailor Step.

1&2& Cross LF over RF, step RF to R, 1/8 turn L step LF back, hitch on RF.

3&4 Step RF back, 1/8 turn L step LF to L, step RF forward.

5&6& Rock cross LF over RF, recover on RF, rock LF to L, recover on RF.

7&8 1/2 turn L Step LF back, close RF next to LF, step L forward.