

Sunny Days

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Jo Jaconelli (UK) & Sharon Brizon (UK) - September 2022
音樂: Sunny Days - The Dualers : (Album: Voices from the Sun - iTunes / amazon)



No Tags, No Re-starts

SECTION 1: MAMBO CROSS ROCKS R & L, WEAVE TRAVELLING LEFT + TOUCH

1&2 Cross Rock R over L. Recover onto L. Step R to R side.
3&4 Cross Rock L over R. Recover onto R. Step L to L side.
5&6& Step R over L. Step L to L side. Step R behind L. Step L to L side.
7&8 Step R over L. Step L to L side. Touch R next to L.

SECTION 2: CHASSE ¼ TURN, CHASSE ½ TURN, R COASTER STEP, LEFT LOCK STEP

1&2 Step R to R side. Close L beside R. Make ¼ turn R, stepping R forward.
3&4 Make ½ turn R, stepping L-R-L (travelling backwards).
5&6 Step back on R. Step L beside R. Step forward on R.
7&8 Step L forward towards left diagonal. Step R behind L. Step L to L diagonal.

SECTION 3: FWD MAMBO, BACK MAMBO, FWD ROCK, SIDE ROCK, BACK ROCK, TOUCH

1&2 Rock Forward on R. Recover onto L. Step R back.
3&4 Rock Back on L. Recover onto R. Step Forward on L.
5&6& Rock Forward on R. Recover onto L. Rock Side on R. Recover onto L.
7&8 Rock Back on R. Recover onto L. Touch R toe beside L.

SECTION 4: R KICK BALL CROSS X 2, SYNCOPATED SIDE ROCKS R & L

1&2 Kick R to R diagonal. Step R in place. Cross step L over right.
3&4 Kick R to R diagonal. Step R in place. Cross step L over right.
5-6& Rock R to R side. Recover onto L. Step R in place.
7-8 Rock L to L side. Recover onto R.

SECTION 5: SAILOR ¼ LEFT, R SAILOR X 2

1&2 Step L behind R. Making ¼ Turn L, Step R to R side. Step L to L side.
3&4 Step R behind L. Step L to L side. Step R to R side.
5-8 Repeat Counts 1-4

SECTION 6: FWD MAMBO ¼ TURN, CROSS SHUFFLE, SIDE ROCK, WEAVE

1&2 Rock L forward. Recover weight on R. Make ¼ turn L, stepping L to L side.
3&4 Cross step R over L. Step L beside R. Cross step R over L.
5-6 Rock L to L side. Recover weight onto R.
7&8 Step L behind R. Step R to R side. Step L across R.

SECTION 7: MONTEREY ¼, ROCK & CROSS X 2

1-2 Point R toe to R side. Making ¼ turn R, Step R in place.
3&4 Rock L to L side. Recover weight onto R. Step L across R.
5-8 Repeat Counts 1-4

SECTION 8: STEP PIVOT ½ TURN, SHUFFLE 1/2 TURN, COASTER STEP, KICK-OUT-OUT

1-2 Step R forward. Pivot ½ turn left (weight onto left).
3&4 Making a ½ turn left, shuffle R-L-R.
5&6 Step back on L. Step R beside L. Step forward on L. (Big Finish here, Wall 4 facing 12:00)
7&8 Kick R forward. Step R out to R side. Step L out to L side.

REPEAT

Enjoy a big Ta-da finish facing 12 o'clock on Wall 4, as the dance ends on counts 61&62 – L Coaster Step!

Last Update – 22 Nov. 2022
