Pretty Please

拍數: 32

級數: Improver

編舞者: John Bishop (AUS) - August 2022

音樂: Pretty Please - Dua Lipa

Wait 2 counts to start on vocals on the word 'Middle' (Intro: 1, 2, go!)

FORWARD, BACK, BACK, CROSS, THREE-QUARTER RIGHT TURN, SIDE SHUFFLE

- Rock/step L fwd, recover back onto R, step L back at slight angle, cross R back over L 1.2.3.4 (12:00)
- 5,6 Step L back turning 1/4 R, turn 1/2 R stepping R fwd (9:00)
- 7&8 Step L to side, step R next to L, step L to side

BACK, ROCK, KICK-BALL-CROSS, SIDE, SLOW DRAG/SWEEP, BEHIND-SIDE-CROSS

- Rock R back behind L, recover fwd onto L 1,2
- 3&4 Kick R, step down on ball of R, cross L in front of R
- 5.6** (Big) step R to side, sweep or drag L towards R **
- Step L behind R, step R to side, cross L in front of R 7&8

SIDE ROCK, RECOVER 1/4 TURN, CROSS SHUFFLE FWD, CROSS SWEEP, CROSS SWEEP, FORWARD COASTER

- 1,2 Rock/step R out to side, recover 1/4 L onto L (6:00) Sweep R around in front of L, step L towards R [feet still crossed], step R forward 3&4
- 5 Sweep and step L forward to cross in front of R [sassy walk]
- 6 Sweep and step R forward to cross in front of L [sassy walk]
- 7&8 Step L fwd, step R next to L, step L back

SWEEP BACK, BACK, COASTER STEP, HALF PIVOT TURN, QUARTER PIVOT (PADDLE) TURN

- Sweep R from front to back [in a clockwise direction] stepping back onto R 1
- 2 Sweep L from front to back [in a anti-clockwise direction] stepping back onto L
- 3&4 Step R back, step L next to R, step R fwd [coaster step]
- Step L fwd, pivot 1/2 R onto R [pivot turn] (12:00) 5,6
- 7,8 Step L fwd, pivot 1/4 R onto R [paddle turn] (3:00)

TAGS & RESTARTS

AT THE END OF WALL 3:

Add a LEFT foot lead ROCKING CHAIR (or option of two half pivot turns) before starting wall 4 at 9:00

- 1,2,3,4 Rock L fwd, recover back onto R, rock L back, recover fwd onto R OR
- 1,2,3,4 Step L fwd, pivot 1/2 R onto R, step L fwd, pivot 1/2 R onto R

** ON WALL 9 (starts at 12:00) dance first 13 counts of dance then on COUNT 14 :

- Sweep L around turning 1/4 L on R go with the music slightly slowing (to back wall 6:00) 6
- 7&8 Step L back, step R next to L, step L fwd (coaster step)
- Step ball of R next to L (ball step) &

...then RESTART dance to back wall (6:00)

Finish dance at end of wall 11 facing the front (12:00)

Last Update - 6 Sep 2022





牆數: 4