

All Y'all Life

COPPER KNOB
BY STEPHEN PISTOIA

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Pistoia (USA) & Laura Pistoia (USA) - September 2022
音樂: Y'all Life - Walker Hayes : (iTunes)



Intro: Vocals

Weight on left, Restart on wall 3 after 8cts

(1-8) STEP TOUCH STEP TOUCH SHUFFLE RIGHT. STEP TOUCH STEP TOUCH SHUFFLE ¼ TURN LEFT.

1&2&3&4 Step RF out to RT, Touch LF next to RF, Step LF out to to LT, Touch RF next to LF, Step RF out to RT, Step LF next to RF, Step RF out to RT.
5&6&7&8 Step LF out to LT, Touch RF next to LF, Step RF out to RT, Touch LF next to RF, Step out to LT making ¼ turn Left. (9:00) Restart here after 8cts on wall 3

(9-16) MAMBO STEP, STEP BACK HIP ROLL, STEP BACK HIP ROLL, LEFT COASTER STEP.

1&2 Step RF forward, Recover on LF, Step RF back
3&4 5&6 Step LF back rolling hips, Step RF back rolling hips,
7&8 Step LF back, Step RF next to LF, Step LF forward.

Have fun with section!! Feel the music!!! (optional shuffle back if you don't want to do hip rolls) (9:00)

(17-24) WEAVE RIGHT SIDE ROCK CROSS, WEAVE LEFT COASTER ¼ TURN

1&2&3&4 Step RF out to RT, Step LF behind RF, Step RF out to RT, Cross LF over RF, Step RF out to RT, Recover on LF, Cross RF over LF.
5&6&7&8 Step LF out to LT, Step RF behind LF, Step Out to LT, Cross RF over LF, Step LF out to LT, Recover on RF, ¼ turn step LF forward. (12:00)

(25-32) STEP OUT OUT, SWIVEL HEEL TOE HEEL, HIP ROLL WITH BUMP, HIP ROLL BUMP ¼ TURN RT

1,2,3&4 Step RF out to RT, Step LF out to LT, Swivel both heels in, Toes in, Heels in.
5,6,7,8 Step RF to RT while rolling hips LT to RT, Bump LT hip up LT, Roll hips from RT to LT transferring weight to LF making a ¼ turn RT, Bump RT hip up to RT. (3:00)

Any questions contact me @ pistoias@gmail.com Have fun, add some attitude and enjoy!!!!