

# C'est La Vie

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Island Trio (CAN), Lynda Maynard (CAN), Debbie Dickie (CAN) & Linda (CAN) -  
August 2022  
音樂: C'est La Vie - Bob Seger



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**Start on word 'Teenage' - No Tags or Restarts**

**Section One: Lindy Right, Lindy Left**

1&2      Step right to right side, step left together, step right to right side  
3-4      Rock left back, recover to right  
5&6      Step left to left side, step right together, step left to left side  
7-8      Rock back right, recover to left

**Section Two: Step Together, Step touch x 2**

1-4      Step right to right side, step left together, step right to right side, touch left  
5-8      Step left to left side, step right together, step left to left side, touch right

**Section Three: Twist, Kickball Change x 2**

1-4      Twist heels right, center, right, center (weighted on left)  
5-8      Kick right forward, recover to ball of right, change weight to left, Repeat

**Section Four: ¾ Left Boogie Turn**

1-4      Step right forward, pivot ¼ left, step right forward pivot ¼ left  
5-8      Step right forward, pivot 1/8 left, step right forward pivot 1/8 left

**\*Add Jazz Hands while making the turn**

**Finish- Cross right over left, unwind 1/2 left coming back to 12:00**

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