

Let the Sun in your Heart

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mary Garner (UK) - August 2022
音樂: Laat de zon in je hart - René Schuurmans : (Album: Hollandse Sterren - Zomerhits)



Intro: 32 counts

Section 1 - Side, Behind, Side Chasse , Cross Rock, Shuffle 1/4 Turn Left

1-2 Step right to right side, step left behind right
3&4 Step right to side, step left beside right, step right to side
5-6 Cross left over right, recover weight on right
7&8 Step left to left, step right beside left, step left 1/4 turn left.

Section 2 - 2 x Step 1/4 Turns Left, Jazz Box with a Cross

1-2 Step forward on right, pivot 1/4 turn left,
3-4 Step forward on right, pivot 1/4 turn left
5-6 Cross right over left, step back on left
7-8 Step back on right, cross left over right.

***Restarts here on walls 3 and 8**

Section 3 - Right Side Chasse, Rock Step, Left Side Chasse, Rock Step

1&2 Step right to right side, step left beside right, step right to side
3-4. Rock left behind right, recover weight on right
5&6 Step left to left side, step right beside left, step left to side
7-8 Rock right behind left, recover weight on left

Section 4 - Step Forward Touch, Step Back Touch, Rocking Chair,

1-2 Step forward on right, touch left behind right
3-4 Step back on left, step right beside left
5-6 Rock forward on right, recover weight on left
7-8 Rock back on right, recover weight on left.

(Optional 2 step half turns left, instead of Rocking Chair)

Restarts 2: Dance 16 counts then restart on walls 3 and 8

When the music slows down, keep dancing at the same tempo. Don't slow down.

Enjoy

Last Update: 6 Nov 2022