

I Ain't Worried

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - August 2022
音樂: I Ain't Worried - OneRepublic : (Spotify / Apple Music / Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Side Rock-Cross, Back-1/2R-Step-Pivot 1/2R, Fwd Rock

1 2 Rock R to the side, Replace weight on L
3 4& Cross R over L, Step back on L, Make a ½ turn right stepping forward on R (6:00)
5 6 Step forward on L, Make a ½ turn right recover weight on R (12:00)
7 8 Rock forward on L, Replace weight on R

[S2] Side Rock-Cross, Back-1/2L-Step-Pivot 1/2L, Step Pivot 1/4L

1 2 Rock L to the side, Replace weight on R
3 4& Cross L over R, Step back on R, Make a ½ turn left stepping forward on L (6:00)
5 6 Step forward on R, Make a ½ turn right recover weight on L (12:00)
7 8 Step forward on R, Make a ¼ turn right recover weight on L (9:00)

[S3] Toe, Heel, Cross, Back Rock, Toe-Heel-Cross, 1/4L-1/2L-

1 2 3 Touch R toe to the side w/R knee turned in, Touch R heel close to L w/R toe turned out, Step R across L
4& Rock back on L, Replace weight on R
5&6 Touch L toe to the side w/L knee turned in, Touch L heel close to R w/L toe turned out, Step L across R
7 8 Make a ¼ turn left stepping back on R (6:00), Make a ½ turn left stepping forward on L- (12:00)

[S4] -Side Rock, Hold, Cross Rock, Hold, 1/4R-Point, Hold, Ball-Knee Pop Walk L-R

&1 2 - Rock R to the side, Replace weight on L, Hold
&3 4 Rock R across L, Replace weight on L, Hold
&5 6 Make a ¼ turn right stepping forward on R (3:00), Point L toe to the left, Hold
&7 8 Ball step slightly back on L, Step forward on R w/L knee pop, Step forward on L w/R knee pop

Tag at the end of Wall 8 (12:00) – Rocking Chair

1 2 3 4 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

Ending suggestion; The last wall finishes facing 6:00.
Make a sharp ½ turn left stepping back on R (12:00)

(Updated: 31/Aug/22)