

Forever & Ever, Amen!

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: K. Sholes (USA) & Shirley Blankenship (USA) - August 2022
音樂: Forever and Ever, Amen - Randy Travis



Section #1: Shuffle X4

1&2 3&4 Step R forward, Step L next to R, Step R forward, Step L forward, Step R next to L, Step L forward,
5&6 7&8 Step R forward, Step L next to R, Step R forward, Step L forward Step R next to L, Step L forward.

Section #2: Cross Mambo X4

1&2 3&4 Rock R over L, Recover L, Step R back, Rock L over R, Recover R, Step L back,
5&6 7&8 Rock R over L, Recover L, Step R back, Rock L over R, Recover R, Step L back.

Section #3: 1/4 turn Jazz-box, Shuffle X2

1&2 3&4 Step R over L, Step L back, Step R 1/4 right, Step L forward, Step R next to L, Step L forward,
5&6 7&8 Step R over L, Step L back, Step R 1/4 right, Step L forward, Step R next to L, Step L forward.

Section #4: Rock, Recover, Cross Cha Cha Cha X2

1 2 3&4 Rock R to side, Recover L, Step R over L, Step L to side, Step R over L,
5 6 7&8 Rock L to side, Recover R, Step L over R, Step R to side, Step L over R.

Enjoy! It's All About Fun!

*Restart: Wall #5 (12:00) after 2nd 8 Count
