

Freak You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Janet Kearney (USA) - 18 August 2022
音樂: Good Love (feat. Usher) - City Girls : (iTunes or Amazon Music))



Intro: 16 Counts – dance begins on the lyrics - NO TAGS, NO RESTARTS... YOU'RE WELCOME □

(1 – 8) 2 HEELS, POINT R TO R, HITCH R W/ ¼ TURN R, SHUFFLE FWD R THEN L

- 1 – 2 Present R heel forward 2 times
- 3 – 4 Point R to R side, Hitch R up while turning ¼ turn to R (3:00)
- 5 & 6 Step R forward, Step L beside R, Step R forward
- 7 & 8 Step L forward, Step R beside R, Step L forward

(9 – 16) HOP BACK ON DIAGONAL AND TOUCH 4Xs, SHUFFLE ¼ TURN R, SHUFFLE L

- & 1 Hop back on R on diagonal, Touch L beside R
- & 2 Hop back on L on diagonal, Touch R beside L
- & 3 Hop back on R on diagonal, Touch L beside R
- & 4 Hop back on L on diagonal, Touch R beside L
- 5 & 6 Step R to R side while turning ¼ to R (6:00), Step L beside R, Step R slightly to R side
- 7 & 8 Step L slightly forward and to L, Step R beside R, Step L slightly forward and to L

(17 – 24) STEP R TO R W/SHIMMIE AND STEP L BESIDE R 2Xs

- 1 – 2 Step R to R side while dipping down and shimmying
- 3 – 4 Step L beside R while returning to an upright position
- 5 – 6 Step R to R side while dipping down and shimmying
- 7 – 8 Step L beside R while returning to an upright position

(25 – 32) STEP TOUCH 4Xs MAKING A SEMI-CIRCLE TO L ¼ TURN

- 1 – 2 Step R forward, Touch L beside R
- 3 – 4 Step L to L (between 3:00 and 12:00), Touch R beside L
- 5 – 6 Step R forward (between 12:00 and 9:00), Touch L beside R
- 7 – 8 Step L to L (9:00), Touch R beside L

Repeat and smile!

Styling tip: when doing the shimmies use both hands to “push forward” – see video for help with this!

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