

# About Damn Time

**COPPER**KNOB  
BY PHX DANCE

拍數: 16      牆數: 4      級數: Absolute Beginner  
編舞者: Candace Jajo-Burns (USA) - August 2022  
音樂: About Damn Time - Lizzo



## Intro – 16 counts

### S1: 2 Step Touches, Shuffle forward, Shuffle ¼ turn to L

1-2            Step RF to R, touch LF next to RF  
3-4            Step LF to L, touch RF next to LF  
5-6            Shuffle forward (R, L, R)  
7-8            Shuffle ¼ turn over L shoulder (L,R,L)

### S2: Cross rock, recover, step, Cross rock, recover, step, 2 stomps, 3 claps

1&2            Rock RF across LF, recover on L, step RF next to LF  
3&4            Rock LF across RF, recover on R, step LF next to RF  
5-6            Stomp RF, stomp LF  
7&8            Clap, clap, clap

ENJOY! Add your own personality to this dance! Plus, it's a Lizzo song, fun and personality are almost required. ☐

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